

abhaya FOUNDATION

an assurance for no fear...



News Update December 2025





About abhaya News Update:

abhaya touches the heart of every one's life through its social work. We are committed to support and empower the most deserving communities in the country. abhaya team upholds its noble activities every month through this news letter. abhaya SoulDears (Volunteers) work tirelessly with abhaya's project work related data, updates, reports, photos, feedbacks, quotes, donations, etc., to design and update every news. The "abhaya News Update" reaches about 25,000 abhaya donors, well wishers, supporters, corporate, NGOs and others across the globe in the first week of every month by email and further posted on FB, WhatsApp, abhaya web links, Blog and Twitter, reaching another 25,000 people. This task of sharing our experiences with people has been going on since 2006. We aim to make people aware of our tremendous effort at abhaya for the betterment of human lives and we need your kind consideration, care and support. Your association with abhaya and feedback would help us transform lives and help people reach their full potential.

please share this newsletter within your community. With your support, we can create significant and long-term change in the social work for people who rely on it.

Editorial Team

Balachandra, Founder

Dr K Sailatha (Content/Editing)

A Rajasekhar Reddy (Special design support)

G Srinivasulu (Designing & Publishing)



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Happy New Year 2026

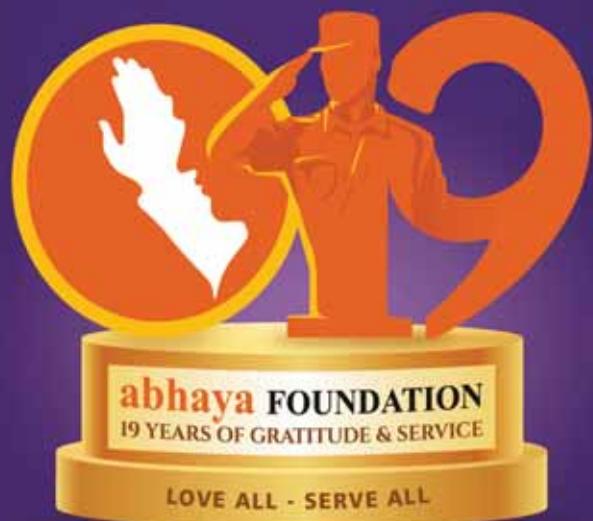
As we step into a new year, abhaya continues its journey of service, compassion, and hope.

Together, let us touch more lives, uplift the vulnerable, and build a fearless tomorrow.

Join us. Support the cause. Be the change.

With Love & Life for the Country
www.abhayafoundation.org





→ You are cordially invited to grace ←

19th Annual Thanksgiving Ceremony

Date : 25.01.2026

Day : Sunday

Time : 4 PM Onwards

Dinner Follows

Venue :

Shilpakala Vedika,
Hitech City, Hyderabad

You are Welcome

With a grateful heart,
we invite you to an evening of
thanksgiving as we reflect
on 19 years of service,
made possible by lakhs
of compassionate hearts.



Chief Guest

Hon'ble Sri M. Venkaiah Naidu
Former Vice President of India

Join us for an evening of gratitude, inspiration
and celebration with:

**Beneficiaries & benefactors from
across the country**

Heart-touching cultural performances

Release of the Founder's autobiography
- *Sai Margamlo...*

We look forward to your presence in celebrating
the spirit of service.

With Love & Life

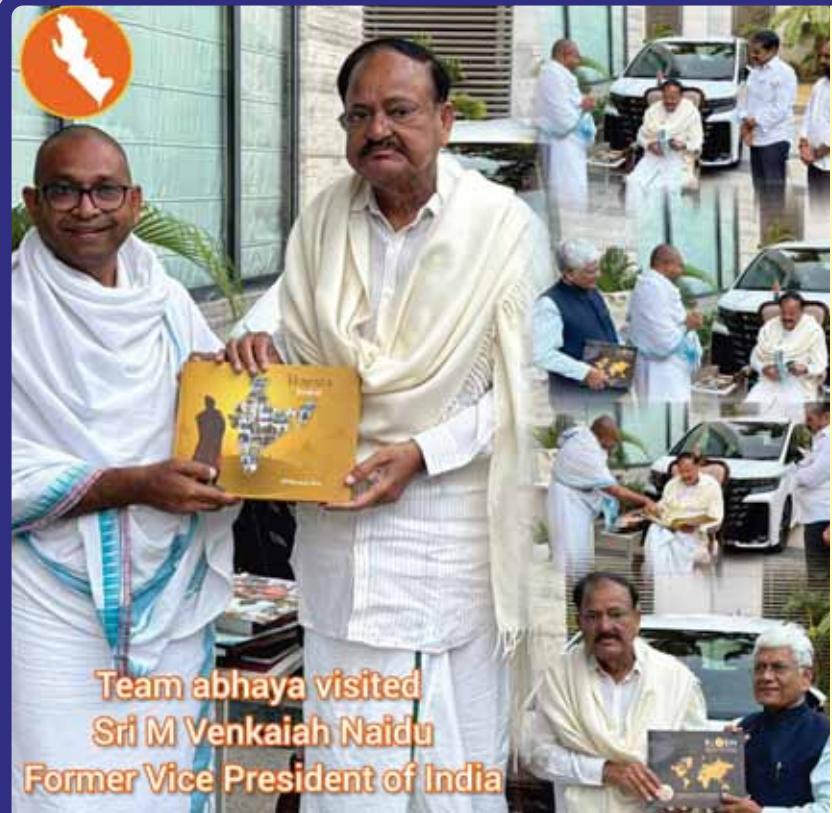
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follow us on





Team abhaya visited
Sri M Venkaiah Naidu
Former Vice President of India

Honored to meet Former Vice President of India, Sri M Venkaiah Naidu ji!

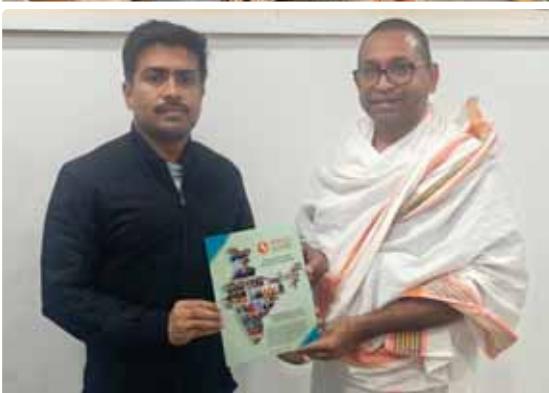
Team abhaya, led by Sri Venkat Changvalli, CEO, IIB & Member, abhaya National Advisory Council along with abhayans Balachandra, Devaki Vasudev Rao and others shared their impactful work with him. He appreciated the good work and graciously accepted to be Chief Guest at abhaya's 19th Annual Thanksgiving Ceremony!

25th January, 2026, Shilpakala Vedika, Hyderabad

Huge thanks to Venkaiah Naidu ji and his office for the time and support - **Team abhaya**



Submitted Proposals to Sri Tonnam Gadhakar, Minister of Transport, Telangana in regard to Empowering Rural Youth
www.abhayafoundation.org



Courtesy visit to Sri Ajith Reddy IAS, Officer on Special Duty to CMO -a true game-changer driving progress in Telangana state.



GV Anjaneyulu, MLA,
Vinukonda appreciated
abhaya Initiatives!!



Courtesy visit to
Sri AP Jithender Reddy
Advisor, Govt of Telangana
Hyderabad
www.abhayafoundation.org

Honored by the Visit, Inspired by Compassion

We were happy to meet Sri AP Jithender Reddy, Advisor to the Govt of Telangana, at his residence at Hyderabad! He spent quality time with the Founder, understanding the noble work of abhaya and its impact on the lives of the deserving. His kind words of appreciation and encouragement have boosted our morale. We're grateful for his time and hopeful of getting support. - **Team abhaya**



Thank you Ramesh Gelli Foundation
for their generous donation



abhaya thank CS
Anilkumar for the
courtesy
TV5
NEWS

10TV
NEWS IS PEOPLE





www.abhayafoundation.org

Warmth for All: Governor Launches Winter Aid to Remote villages

Hon'ble Governor of Telangana, Sri Jishnu Dev Varma flagged off vehicles carrying winter relief materials, including 3500 quality uniforms and 500 blankets worth Rs.40,00,000, to remote villages in Telangana. Jointly contributed by abhaya Foundation and Bedcetera, the materials were dispatched through Indian Red Cross Society, Telangana from Lok Bhavan, Hyderabad, on Dec 24, '25



Aligning with the Governor's focus on sustainable livelihoods & improving conditions for vulnerable groups, this initiative boosts #abhayaHuntTheWinter2025. Kudos to the volunteers serving on roads & remote places! - **Team abhaya**

Volunteering isn't just praying for others, not just talking good and not even just showing sympathy.

Volunteering is Serving with Smile, Listening to grievances and offering the suitable comfort. The biggest Volunteering gesture anyone can do now is donating Blanket and providing comfort to those grieving in chilling cold. We are ready, are you?

Join our Hunt The Winter 2025 - Team YUVA



Ready...Get..Set.. Go...

From the Desk of Chairman

At abhaya FOUNDATION, our work is driven by a simple yet powerful belief—that sustainable social transformation is possible when compassion is matched with commitment.

Over the years, Regal Rexnord has stood beside abhaya as a steadfast partner in this journey, and it is with deep appreciation that we dedicate this edition of our newsletter to celebrating this meaningful association.

Regal Rexnord's consistent support has strengthened several of abhaya's core initiatives, particularly in women empowerment, education, and community development.

Their partnership has enabled us to extend opportunities to women, youth, and vulnerable families across rural and underserved regions of India—helping them build skills, confidence, and pathways to dignified livelihoods. The impact of this support is visible not just in numbers, but in transformed lives and resilient communities.

What truly distinguishes Regal Rexnord is their sincere commitment to social responsibility and inclusive growth. Their engagement goes beyond financial support; it reflects a genuine concern for societal well-being and a shared vision of empowering communities to become self-reliant. Such partnerships reaffirm our faith in collaborative action as a force for lasting change.

On behalf of the Board of Trustees, our team, and the thousands of beneficiaries whose lives have been touched through this partnership, I extend my heartfelt gratitude to Regal Rexnord.

We deeply value the trust you have placed in abhaya FOUNDATION and look forward to strengthening this association as we continue our collective mission of service, dignity, and compassion in the years ahead. With sincere appreciation,

Ramakrishna K V, Chairman, abhaya FOUNDATION



A Partnership of Trust: 5 Years of Impact with Regal Rexnord

abhaya Foundation's partnership with Regal Rexnord has grown into a bond of trust and compassion over 5 years. With CSR support exceeding 3 crores, Regal Rexnord gave abhaya freedom to use funds where most needed – a gesture that empowered us to dream bigger.

Highlights:

Covid-19 Relief: 20+ oxygen concentrators & support during the peak crisis

Education: Improved 30+ govt schools, impacting 20,000 students

abhaya Samskara Kendras: Free tuition & value-education for 1,000+ children in 30 villages

Supported initiatives like Empowerment programs, Corona relief, natural calamity missions & seasonal projects

Regal Rexnord isn't just a donor – they're a true partner, trusting our processes & celebrating outcomes.

Heartfelt gratitude to Regal Rexnord & Board Trustee Sri P.S. Rao garu for this impactful partnership.

- KSV Siva Krishna, Secretary, abhaya Foundation



A Message of Gratitude on Partnership

At abhaya, we have always believed that meaningful change happens when compassion meets commitment. Our journey of service across education, empowerment, healthcare, environment, and girl-child safety has been strengthened immensely by partners who share this belief—not just in words, but in action.

Regal Rexnord stands out as one such partner. Their CSR support has gone beyond financial assistance; it has given us the confidence and freedom to respond wherever the need is most urgent

What makes this partnership truly special is Regal Rexnord's trust-based approach—allowing service to flow organically, without restrictions, and focusing on long-term impact rather than short-term outcomes. Each initiative supported by them has touched lives deeply and continues to create ripple effects across families, communities, and future generations.

On behalf of the entire abhaya family, I express my heartfelt gratitude to Regal Rexnord and its leadership for standing with us as a pillar of purpose and possibility. Together, we are not just addressing needs—we are nurturing sustainable transformation in all the seekers so called benefactors and beneficiaries. -

Dr.P. Sai Latha, MBBS, MS, DNB OBGY, Board Member, abhaya Foundation.



A Pillar of Purpose: Regal Rexnord's Social Impact

At Regal Rexnord, service is not a department—it is a mindset. Every initiative supported is a quiet promise to communities that they are seen, valued, and empowered. Through this partnership with abhaya Foundation, what began as responsibility has grown into a movement of hope—educating young minds, restoring dignity, healing environments, and rebuilding futures.

This is an invitation to every reader: to believe that meaningful change begins when we choose to serve.

True leadership is measured not only by innovation and growth, but by the positive footprint left on society. Regal Rexnord exemplifies this belief through its long-standing partnership with abhaya Foundation for half a decade—where strategy aligns with service, and vision translates into measurable social impact. Service is most powerful when it becomes collective.

What you will read in the following pages is not just an impact report—it is evidence of what happens when individuals, institutions, and communities come together with a shared commitment to good.

Regal Rexnord's journey with abhaya Foundation reminds us that every act of service, big or small, creates ripples of change. Let this inspire each of us to participate, contribute, and become active partners in building a more equitable and compassionate world.

It stands as a call to leaders everywhere: to lead with empathy, invest with intent, and serve with conviction.

This news letter captures a year of purposeful action that demonstrates how responsible corporations can be catalysts for education, health, sustainability, and social equity. - **Editorial Team**





Partnership for Impact: Regal Rexnord & abhaya Foundation

We're happy to share our ongoing CSR partnership with abhaya Foundation! At Regal Rexnord - Euroflex Transmission, we're committed to driving positive change aligned with our CSR Policies.

Together, we're impacting thousands of lives.

Very much impressed with the way abhaya and its team is aligned with our CSR activities in various parts of the Country.

Looking forward to more good work in the days to come.

**With Best Wishes,
Pankaj Jain
Managing Director**





Leadership with Purpose: Measuring Social ROI Beyond Balance Sheets:



Anirudh Patil, Chief Financial Officer of Regal Rexnord, Hyderabad, has been instrumental in advancing the organization's commitment to transparent governance and impactful CSR. A valued partner of abhaya Foundation for several years, his leadership has enabled meaningful service to underserved communities. We thank him for graciously sharing his time and insights for this special interview.

1. CSR today demands strong governance. How does Regal Rexnord ensure transparency and accountability in CSR spending?

CSR contributions at Regal Rexnord are approved by the CSR Committee as well as the Board of Directors.

We ensure that all relevant and mandatory documents are thoroughly verified for any expenditure to be classified as CSR.

Further, all contributions are made directly to the CSR partners or beneficiaries through bank transfers only, ensuring complete transparency and accountability.

2. From a financial perspective, what challenges and opportunities did you observe in implementing the 2025 CSR projects?

I would say that we did not encounter any challenges. On the contrary, we had the opportunity to serve the needy. Moreover, all the projects we funded were fully aligned with Regal Rexnord's CSR values, making the implementation both meaningful and fulfilling.

3. How do you evaluate the 'Return on Social Investment (RoSI)' for the initiatives implemented with abhaya Foundation?

We evaluate the return by looking at the number of lives we have touched and the quality of happiness we were able to contribute to those lives.

At Regal Rexnord, we strongly believe in giving back to the communities where we operate. We understand that without the community, it is not possible to work—and without work, there are no returns.

In essence, our CSR contributions, especially in the education sector, are helping build stable and dignified lives for the underprivileged. Some of these boys and girls will advance in their careers and contribute to India's progress. That, to me, is a true and meaningful Return on Social Investment.



4. What parameters do you consider before approving multi-year CSR commitments?

We carefully evaluate the purpose behind the activity. We define a clear roadmap on how the funds will be utilised. We review the entire proposal and engage in detailed discussions with the beneficiary organisations.

Finally, we enter into a formal legal agreement with the concerned entities to ensure there is no deviation in the utilisation of funds.

5. A personal reflection—has participating in CSR decisions changed your perspective on business leadership?

It certainly has. I have developed greater empathy towards people and situations than before. Beyond decision-making, visiting beneficiaries and personally engaging with them has provided tremendous insights. It has helped me truly understand the value of what we have and how privileged we are.

At times, I do feel emotional about the circumstances in which some beneficiaries live. A small helping hand from Regal Rexnord enables them to build a better life—and nothing can be more satisfying than that.

Any positive change or growth in me as an individual naturally reflects in my role as a business leader as well.



Regal Rexnord

Partners in Purpose: CSR Impact Stories – 2025

Euroflex Transmissions (India) Private Limited (Regal Rexnord Company-RRX) and abhaya Foundation have been partnering since FY 2020-21, driven by abhaya's Mission: "Serve With H.E.A.R.T" (Healthcare, Education, Awareness, Rural Development, and Transformation) - the pillars guiding abhaya's diverse social initiatives.



abhaya Foundation is dedicated to projects like shelter for the homeless and elderly, women empowerment, youth skill development, scholarships for economically weaker students, healthcare support, and relief work. The abhaya Samskara Kendram (ASK) is another key initiative uplifting communities. Euroflex Transmissions has consistently supported abhaya through CSR funds, playing a significant role in implementing impactful programs and strengthening community bonds.

Finance Team, Euroflex Transmissions (India) Private Limited.,

abhaya Foundation – Focused areas and beneficiaries' details through Euroflex CSR funds in FY 2024-25.

SI No	Focus Areas	Impact Nos	Beneficiaries Nos
1	Education - Schools & Colleges	10 Schools	4000 Nos
2	Education - Higher Education Training & Support	13 Centers	520 Nos
3	Empowerment - Women	06 Centers	230 Nos
4	Empowerment - Youth	02 Centers	70 Nos
5	Support to Physical Handicap	-	02 Nos
6	Social Support – Healthcare Singanamala Hospital	01 Centers	100 Nos per day
7	abhaya Home of Happiness	01 Center	10 Nos
8	Environment - Lake Rejuvenation Project	01 Center	Environment



EDUCATION - Reinforcing Government School Infra

Strong education systems are built not only on curriculum and teachers, but on the quiet essentials that make learning possible. In many government schools, aspirations are abundant—but basic infrastructure often determines whether those aspirations can truly take flight.

This is where responsible corporate partnership becomes a powerful enabler. By stepping in where public resources face limitations, Regal Rexnord has helped convert everyday constraints into lasting solutions. What may appear as modest interventions—adequate lighting, safe roofs, clean water, functional furniture, secure classrooms—create profound ripple effects in the lives of children, teachers, and parents alike. These improvements restore dignity to learning spaces and reaffirm faith in government education.

With the CSR support of Regal Rexnord, abhya Foundation addressed critical infrastructure gaps across multiple government schools, ensuring safer, brighter, and more functional environments for students to learn and grow.



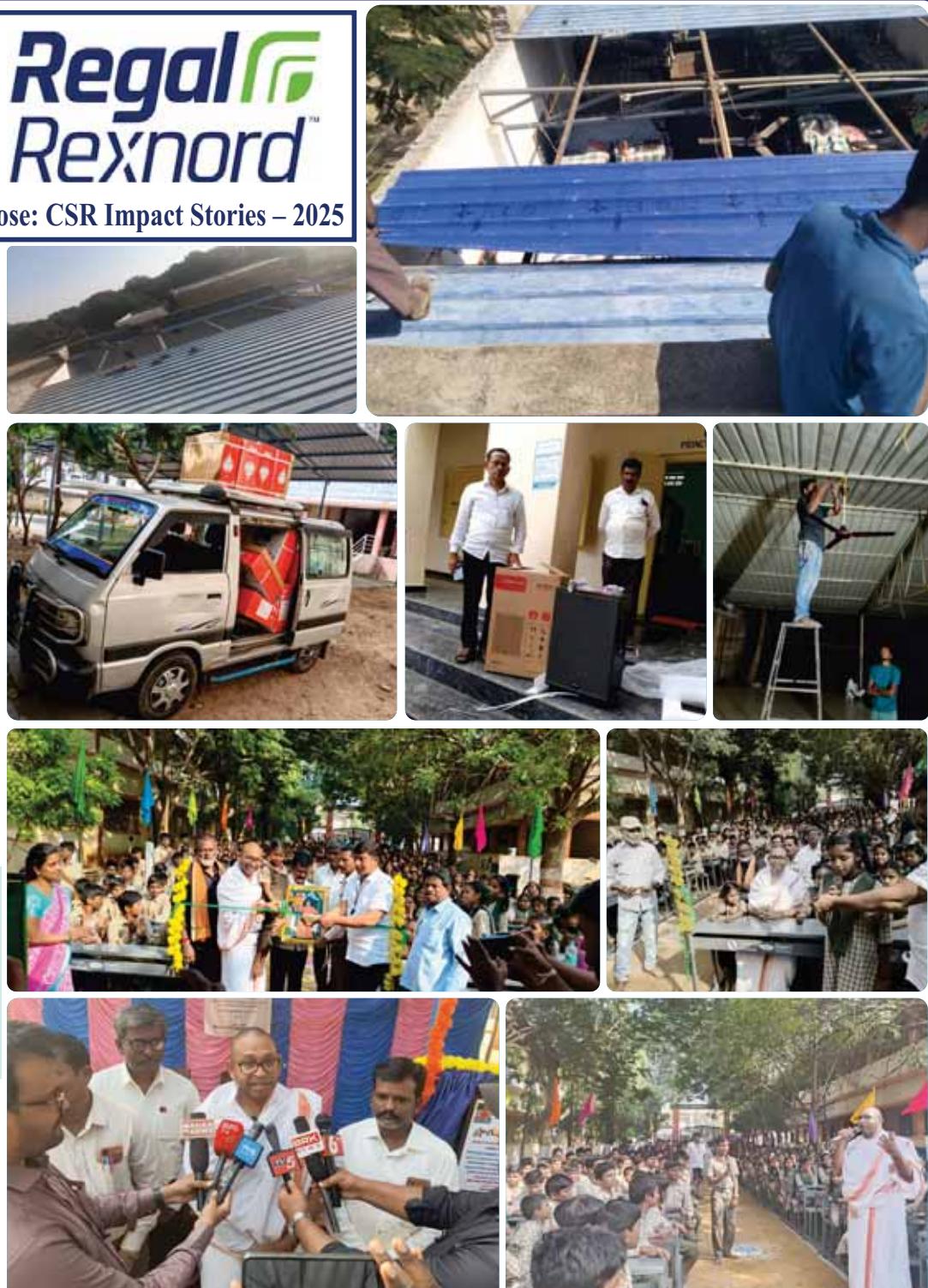
Infrastructure support undertaken includes:

1. Extension of the dining hall shed at TGRS & JC, Velair, Hanumakonda
2. Grill around the dining shed at ZP Girls High School, Bukkapatnam, Sri Sathya Sai District, Andhra Pradesh
3. Lights and fans in the study area(Shed),
Bookshelves and Racks in SSS Govt Junior College, Kothacheruvu
4. Lights and fans in the study area(Shed) in ZPHS, Beedupalli
5. Replacement of iron sheets on the roof of bathrooms in ZPHS, Yenumulapalli
6. Rack shelves for library books in ZPHS, Kadapagari Palli
7. Grill to the shed and doors for toilets in ZPHS, Sainagar, Puttaparthi
8. Doors and Windows to 2 classrooms in ZPHS, Siddarampuram
9. Mike Set in ZPHS Boys, Kothacheruvu
10. 200 iron benches at SK Government High School, Uravakonda

Their humble support of 20lakhs is not a small amount in benefitting 4000 children of all those schools.

An investment of Rs. 20 lakhs has quietly strengthened the everyday learning experience of nearly 4,000 students—not through grand monuments, but through meaningful, practical improvements that touch classrooms, dining halls, libraries, and sanitation spaces.

Through this partnership, Regal Rexnord demonstrates that when infrastructure is reinforced with intention and care, education becomes not just accessible, but empowering. These schools now stand better equipped—not only to teach, but to nurture confidence, continuity, and hope for the future.





EDUCATION – Nurturing Minds, Shaping Futures

ASK Tuition Centres: Lighting the Lamp of Values

At abhaya Foundation, we believe that service to society is service to the Divine. Inspired by the compassionate vision of our founder Balachandra , we run ask (abhaya sanskara kendras)—spaces where children are nurtured not only in learning, but in values, discipline, and character through free tuition centers across Andhra, Telangana, Karnataka and Tamilnadu states of South India.

Guided by the SAI principle of transformation Service, Adoration and Illumination, we focus on the holistic growth of children, nurturing their physical, mental, emotional, and moral development from a young age.

The ask initiative was initially implemented across 30 centres. Based on continuous monitoring, outcome assessment, and student engagement, the programme has since been strategically consolidated to 10 high-performing centres to maximise efficacy, quality of delivery, and measurable impact.



What We Practice, What Children Become



At ask Centres, we begin every class with Omkaram

in a clean and peaceful environment that honours all faiths. We teach children to greet with respect, maintain personal hygiene, speak politely, pray daily, eat mindfully, and live with discipline.

Through stories, songs, games, group activities, diary writing, and value-based discussions, children learn teamwork, responsibility, and compassion. Festivals, traditions, great leaders, and cultural values are introduced meaningfully, helping children stay rooted while growing forward.

Regal Rexnord CSR: Empowering Young Minds

With the generous CSR support of Regal Rexnord, abhaya Foundation runs ask across four South Indian states, benefiting 400 students and 10 teachers with an annual grant of ₹6 lakhs.

This partnership strengthens value-based education at the grassroots, ensuring that underserved children grow with confidence, clarity, and character.

Shaping Today's Children into Tomorrow's Ideals

The ask book becomes a guiding light in young hands, reminding children that when values enter daily life, every action becomes meaningful. We sincerely acknowledge the generous support of Regal Rexnord, whose CSR funds made the printing of this book possible. On behalf of all those



touched by this initiative, we express our heartfelt thanks to the organisation and its leadership. Together, abhaya Foundation and Regal Rexnord continue to light the lamp of sanskar—one child, one centre, one community at a time.

EDUCATION - Little Stars Shine Bright: Mallan Training Institute's Winning Streak

abhaya Regal Rexnord's support sparks success at Mallan Training Institute, Villupuram:

- ★ Students won gold, silver & bronze in National Level Malarkamba Competition, Ujjain
- ★ 2 students shone at All India Games, IIT Madras
- ★ Students performed at Namma Uru program, Thanjavur
- ★ Coordinator Mani refereed Khelo India competition in Rajasthan
- ★ Prep underway for abhaya Foundation anniversary



EDUCATION - At life's first crossroads, Telangana Super 60 becomes a turning point

When Guidance Meets Potential, Futures Change

For every child, Class X stands at the edge of a turning point—where dreams quietly take shape and choices begin to define a lifetime. While students in well-resourced private schools often receive structured mentoring and clarity of direction, many government school children face this decisive year with uncertainty, limited exposure, and fragile support systems. Their talent is no less—but the pathways before them are often blurred.

Recognising this silent gap, the Telangana Super 60 Programme was conceived as a focused intervention to bring direction, confidence, and opportunity to deserving government school students. Inspired by the success of Andhra Super 60, this initiative took shape with the compassionate CSR support of Regal Rexnord, whose contribution of Rs. 5 lakhs enabled a programme of depth, discipline, and dignity

The response was overwhelming—over 2,500 students registered, reflecting both the aspiration and urgency among young learners. Through a rigorous three-stage selection process evaluating academic consistency, learning attitude, and parental commitment, 75 students were thoughtfully chosen for a 30-day residential learning journey. Conducted in



April 2025 at abhaya - Home of Happiness, Ibrahimpatnam, the programme blended expert entrance coaching for TGRSJC and POLYCET with value-centered guidance delivered by dedicated government teachers.

More than preparing students for examinations, the Super 60 experience shaped character and clarity. Children lived a rhythm of responsibility—caring for their surroundings, sharing meals, tending gardens, maintaining journals, participating in prayer, and learning through stories drawn from real life. Each child was provided with essential learning and living materials, ensuring comfort, confidence, and continuity.

The outcome was deeply affirming: every participant secured admission into institutions for higher education they once only dreamed of. What began as a month of learning became a lifelong imprint—one that replaced confusion with confidence and hesitation with hope.



abhaya FOUNDATION
an assurance for no fear...

Regal Rexnord abhaya SUPER 60 - TELANGANA-2025

తెలంగాణ రాష్ట్ర ప్రభుత్వ పాతశాలల్లో మార్చి-2025లో 10వ తరగతి పరీక్షలకు ప్రాజెక్టముతున్న విద్యార్థులకు సువర్ణ అవకాశం. (TGRSJC / POLY CET) ప్రవేశ పరీక్షల కోసం ఉత్తమ ఉచిత శిక్షణ.

ఎంపిక విధానం:

ఎంపిక విధానం:

- ✓ 30 రోజుల ఉచిత గురుతుల శిక్షణ.
- ✓ ప్రతి రోజు ప్రభూతము యొగ, శ్రాంకణమం.
- ✓ తెలుగు మరియు గ్రామీణ నెపథ్యంలోని విద్యార్థులకు ప్రత్యేక శిక్ష.
- ✓ స్థాంత స్పృష్టత, సమాజ్య పరిష్కార నైపుణ్యాల పెంపుదల.
- ✓ గణితం, భౌతిక శాస్త్రం, రసాయన శాస్త్రం, జీవశాస్త్రం, సామాజిక శాస్త్రం, ఇంగ్లీష్ పూర్తి పాఠ్యాంశాలు.
- ✓ ప్రత్యేక మెటీరియల్, టిప్పులు, పోటీ పరీక్షల మార్గదర్శనం.
- ✓ వ్యక్తిత్వ వికాసం, నైతికత, స్వియం ప్రేరణ శిక్షణ.

శిక్షణ వేదిక:

అభయ అనంద నిలయం,
జబలిపేట పట్టణం, హైదరాబాద్

నిర్వహణ:

అభయ ఫాండేషన్ & నిష్ఠల ఫాండేషన్, తెలంగాణ రాష్ట్ర
www.abhayafoundation.org



Niswartha Foundation





TG Super 60 Inaugurated at abhaya Home



EDUCATION - From Aspiration to Achievement: Supporting Higher Education Pathways

Some journeys are interrupted not by lack of talent, but by lack of support at the most fragile moment of life. When capable young minds stand at the threshold of higher education, financial hardship often threatens to silence their aspirations. abhaya Foundation steps in at this decisive hour—not as a sponsor, but as a steady presence—walking beside deserving students with the care, responsibility, and reassurance of a parent.

With the generous CSR grant of Rs. 1,50,000 from Regal Rexnord, 20 meritorious students this year were enabled to continue their higher education across diverse streams including medicine, engineering, chartered accountancy etc.,

Beyond covering college and hostel expenses, the initiative nurtures continuity and belonging through monthly online review meetings, two annual in-person gatherings, and shared participation in seasonal service activities. Many students, even while still studying, choose to give back in small but heartfelt ways—transforming gratitude into generosity and reinforcing a quiet but powerful cycle of social responsibility.





Partners in Purpose: CSR Impact Stories – 2025

EMPOWERMENT – Building Self-Reliance & Dignity

When Opportunity Reaches the Last Mile: A Story of Women Rising

Empowerment That Begins Where the Road Ends



At abhaya Foundation, empowerment does not begin in cities or comfort zones—it begins in remote villages, where access to opportunity is limited but the will to rise is strong. Our approach is simple yet powerful: identify, include, skill, sustain.

We deliberately choose interior rural locations, appoint local teachers from the same community, and conduct awareness campaigns to ensure that women understand this is not merely a course—but a pathway to dignified living.

Reaching the Most Deserving

From each village, applications are scrutinized with compassion and responsibility. Priority is given to women from:

- 1)Economically weaker backgrounds
- 2)Broken or single-parent families
- 3)Households affected by poor health
- 4)Unemployed and illiterate women
- 5)Families with no stable source of income
- 6)Downtrodden families

Before initiating the program, strict guidelines and expectations are clearly communicated—ensuring commitment, discipline, and long-term outcomes.

Skill With Shelter, Skill With Support

abhaya's three-month tailoring program is offered in both: Residential formats, where women are fully immersed in learning

Non-residential formats, allowing participation without disrupting family responsibilities

Beyond technical tailoring skills, the program is enriched with life skills, self-confidence building, financial awareness, and dignity of labour, personally delivered through sessions by abhaya's Founder Sunku Balachandra and Women Empowerment Director Krishna Veni Rangarao during field visits.

Regal Rexnord: Powering Purpose Through Partnership

180 Lives Transformed Across Telangana

From Silent Struggles to Skilled Hands – Tailoring as a Tool of Transformation

In 2024–25, with the generous CSR support of ₹10 lakhs from Regal Rexnord, abhaya Foundation successfully empowered 180 women across the villages of:

Chintakunta, Narsayipalli, Kadthal, Jangaon, Choutuppal Spanning Karimnagar, Ranga Reddy, and Yadadri Bhuvanagiri districts, this initiative stands as a testament to how meaningful corporate partnerships can create measurable, sustainable social change.

Beyond Income: A Lifetime of Connection

Not Just Beneficiaries—Partners in Service

This journey does not end with a certificate.

Many empowered women:

Voluntarily contribute donations back to Abhaya

Participate in seasonal service initiatives such as Hunt the Winter and Hunt the Summer

Stay connected with abhaya's mission for life

Become role models within their own communities

They return—not out of obligation—but with gratitude and purpose.



Dignity Restored, Futures Rewritten

These women stand tall—confident, skilled, and self-reliant—managing their households, supporting their children, and shaping their own futures. What they gained is not just livelihood, but identity, respect.

Last but not least - **When a woman learns to stitch, she doesn't just create clothes — she stitches dignity, income, and a future for her family**



EMPOWERMENT - Transforming Lives Through Life Skills and Livelihood Training

abhaya Ananda Nilayam – Where Skill Meets Sanskar

Beyond Beauty: A Journey from Survival
to Self-Worth

abhaya Ananda Nilayam, an initiative of abhaya Foundation, has emerged as a powerful centre of transformation for young women from remote and underserved villages. Around 50 students from interior regions of Nalgonda district, Rangareddy districts and nearby areas joined the centre with the intention of learning beautician skills for livelihood.

What they found here, however, was far more than vocational training—it was a life-changing journey of self-discovery, discipline, and dignity.

When the First Step Outside Home Becomes the First Step Toward Confidence

For many training students, abhaya Ananda Nilayam marked the first time they stepped out of their homes. The initial days were filled with fear, hesitation, emotional barriers, and uncertainty.

Gradually, the structured, safe, and value-based environment helped them overcome these limitations. With patience and consistent guidance, fear transformed into courage, and silence into confident expression.

Discipline That Shapes Character, Not Just Routine

The day at ashramam begins at 6 a.m. with yoga, cultivating physical strength, mental balance, and self-discipline. Students actively participate in karma yoga, contributing to ashram maintenance and learning the dignity of labour, teamwork, and responsibility.



Simple yet powerful practices like arranging footwear systematically, managing personal chores independently, cooking and serving food, avoiding food wastage, gardening, cleanliness, following strict time discipline have played a crucial role in shaping character and self-reliance.

Life Skills That were Never Taught

Respect for elders, community dining, appreciation of nature, heartfelt prayers, bhajans, and daily diary writing are integral to the learning process. Through diary writing, students reflect on their daily actions, recognize mistakes, acknowledge learning, and consciously work on self-improvement.

What initially appeared as strict discipline soon revealed itself as motherly care blended with fatherly responsibility. Students realized that firm guidance was rooted in deep concern for their future.



Guidance That Replaces Fear with Courage

Through reading the Compass book authored by the founder, students gained practical life lessons closely connected to their own struggles. While social media once defined their world, they now use platforms like YouTube constructively—to enhance professional beautician skills and learning.

They are encouraged to align thoughts, words, and actions, a principle that has deeply influenced their personal growth and emotional maturity.

Beautician Training: Skill That Creates Self-Reliance

"When confidence meets skill, empowerment becomes visible."

As part of the vocational program, students receive hands-on training in:

Eyebrow threading, Hair styling, Head massage, Facials, waxing, pedicure, manicure, Blackheads removal, Bridal make up, saree draping, Mehendi and other beautician techniques

This practical exposure equips them for self-employment and financial independence, enabling them to support themselves and their families.

CSR in Action: Regal Rexnord Empowering Women with Purpose. With the valuable CSR support of Regal Rexnord, abhaya Foundation successfully conducted three batches of beautician training at abhaya Ananda Nilayam.

Key Impact Highlights:

- 50 women beneficiaries trained
- Professional beauty kits and certificates provided
- ₹5 lakhs invested through CSR funds
- Each woman now earns approx ₹8,000 per month



Regal Rexnord
Partners in Purpose: CSR Impact Stories – 2025

Stable monthly income leading to improved family security and self-confidence. What began as a modest financial investment has resulted in long-term economic empowerment, restoring hope and dignity to entire families.

A Blessing That Lasts a Lifetime

Many students openly share that these life lessons were never taught at home or elsewhere. Today, they feel equipped to face life's challenges with strength, clarity, and courage. In challenging economic times, abhaya Foundation—supported by responsible corporates like Regal Rexnord—stands as a pillar of hope, empowering women through skills, values, and sustainable livelihood.

By observing their mentor's life, students have learned that true greatness lies not in position, but in goodness, humility, and values. Their understanding of family, responsibility, and service to society has been profoundly reshaped.

For these young women, abhaya Ananda Nilayam is not just a training centre. It is a blessing that has transformed their lives forever.



Regal Rexnord

EMPOWERMENT - Powering the Nation by Empowering Youth

abhaya Free Driving Schools - Steering Lives Towards Dignity

abhaya Foundation strongly believes that the true power of a nation lies in the empowerment of its youth. Education opens doors to multiple possibilities in life and livelihood. However, for many uneducated rural youth, especially those from economically disadvantaged backgrounds, options are limited and opportunities scarce.

Recognising this gap, abhaya Foundation established abhaya Free Driving Schools across various parts of the country—with a clear mission: to provide free, value-based driving education to the most deserving rural youth, enabling them to earn a livelihood with dignity and responsibility.

This year at abhaya Ananda Nilayam, with the kind hearted support of Regal Rexnord...the Foundation successfully trained 30 deserving young men from different regions—creating immediate livelihood opportunities with a modest investment of just Rs. 3,00,000, demonstrating how focused intervention can yield powerful social returns.

More Than Driving: A Residential Course That Shapes Life

The 20-day free residential driving course is designed not just to train drivers, but to build disciplined, responsible, and value-driven individuals.

Along with professional driving skills, participants undergo a structured routine that includes:

Yoga and meditation, Vehicle upkeep and cleanliness, Prayer



**Regal
Rexnord**

Partners in Purpose: CSR Impact Stories – 2025

and mindful eating, Theory and simulator-based learning, Campus maintenance and karma yoga, Recreation and reflective learning, Value-based and motivational sessions. Service activities, including serving the destitute

Life Skills Every Responsible Driver

Must Know

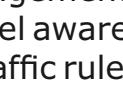
While the driving instructor focuses on technical skills, abhaya ensures that every day includes life-skills learning, delivered individually or in groups—through mentoring, peer learning, guided discussions, and digital tools.



**Regal
Rexnord**



Participants are trained in essential areas such as:



Partners in Purple

- 1) Vehicle hygiene and tyre management
- 2) Fuel awareness and basic repairs
- 3) Traffic rules and safe driving
- 4) Speed control and accident awareness
- 5) Personal hygiene, grooming, and discipline
- 6) Time management, honesty, and responsibility
- 7) Respect towards passengers and vehicle owners
- 8) Avoiding alcohol, tobacco, and substance abuse
- 9) Financial literacy, savings, and insurance
- 10) Licences (LL/DL), pollution norms, and road safety
- 11) Health awareness including eye and hearing tests
- 12) Emergency preparedness and roadside assistance
- 13) Using mobile phones safely with hands-free stands
- 14) Learning basic Telugu, English, and Hindi
- 15) Stories and lessons from real-life incidents
- 16) Service mindset and awareness of abhya's Mission

By the end of the programme, participants gain confidence not only in driving a vehicle, but also in driving their own lives forward- Ready for the Road, Ready for Life



Compassion in Action: Enhancing Healthcare at Singanamala Govt Hospital

Health is a vast domain with countless needs and limited resources. abhaya Foundation strives to respond where the

need is most urgent and immediate. Guided by compassion and practicality, we intervene wherever timely support can ease suffering, restore dignity, and strengthen care for the most vulnerable.

At Singanamala Hospital:

1. RO Water Plant (500L capacity)
2. Cool Water Dispenser
3. Metro chairs (patient seating)
4. Cement Benches (attendants' relaxation)
5. Dining chairs & tables (20 patients & attendants)
6. Hot & Cold water dispenser (pregnant women, 100/day)

Benefiting 100+ patients daily. CSR fund: Rs.2.5 lakh (Regal Rexnord)



ENVIRONMENT - When Service Touches Nature, It Touches Generations



Regal Rexnord

Partners in Purpose: CSR Impact Stories – 2025



No. Manikandan, Social Activist
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koliyanurmani@facebook@instagram



Tamil Nadu - Villupuram district, conducted with the assistance of Regal Rexnord and Abhaya Foundation.

• Rejuvenation of Koliyanoor Lake

Koliyanoor Panchayat, located in Villupuram District, has seen the restoration of Koliyanoor Lake, which originally spanned 2 acres, to a size of 39 acres through the removal of encroachments and rehabilitation efforts supported by Regal Rexnord and the Abhaya Foundation.



THE KOLIYANODOR PANCHAYAT LAKE, SPANNING 37 ACRES, HAS BEEN ENCROACHED UPON BY OVER 50 INDIVIDUALS OVER THE PAST 75 YEARS. IT HAS BEEN UTILIZED AS A DUMPING GROUND FOR GARBAGE, MEAT WASTE, HUMAN WASTE, AND HAZARDOUS MEDICAL WASTE, RESULTING IN A DEPLORABLE ODOUR. CONSEQUENTLY, THE GROUNDWATER LEVEL IN THE VICINITY OF KOLIYANODOR HAS DIMINISHED, WITH SOME AREAS EXPERIENCING BROWNISH GROUNDWATER AND A LACK OF WATER IN AGRICULTURAL BOREWELLS. THE AREA HAS BECOME PERILOUSLY MALODOROUS. AN ACTION PLAN WAS DEVELOPED FOLLOWING EXTENSIVE STUDIES AIMED AT THE RECONSTRUCTION OF KOLIYANODOR LAKE, THE PRIMARY WATER SOURCE FOR VILLUPURAM DISTRICT. THE ENCROACHMENT ON THE 37-ACRE LAKE WAS ADDRESSED THROUGH THE INVOLVEMENT OF YOUTH, SOCIAL ORGANIZATIONS, AND LOCAL RESIDENTS. A 20-ACRE SECTION OF THE LAKE WAS RECONSTRUCTED AT A COST OF RS. 32 LAKHS. SUBSEQUENTLY, A PROJECT REPORT WAS SUBMITTED TO MR. BALACHANDER OF THE ABHAYA FOUNDATION FOR THE SECOND PHASE OF THE INITIATIVE, WITH AN ESTIMATED BUDGET OF RS. 17,64,433. FOLLOWING THE STUDY, PLANS WERE ESTABLISHED TO RECONSTRUCT KOLIYANODOR LAKE WITH THE SUPPORT OF REGAL REXNORD, IN PARTNERSHIP WITH THE ABHAYA FOUNDATION. CONSEQUENTLY, WORK COMMENCED ON AUGUST 15, 2025, INVOLVING THE CONSTRUCTION OF SUBSTANTIAL BANKS MEASURING 25 FEET IN WIDTH OVER A TWO-KILOMETER STRETCH.

THE 15-ACRE LAKE HAS BEEN DEEPENED AND FEATURES THREE BIRD SANCTUARIES IN THE ARID REGION. PRESENTLY, THE LAKE IS ENTIRELY FILLED WITH WATER DURING THE NORTHEAST MONSOON, SERVING AS A MODEL WATER BODY IN TAMIL NADU AND A PROTECTED AREA THAT BOASTS A RICH NATURAL BIODIVERSITY.

At abhaya, we believe environmental service safeguards the future. With Regal Rexnord's CSR support (Rs. 8 lakh), we rejuvenated Koliyanur Lake, Tamil Nadu, benefiting 20 lakh people & future generations.

Impact:

Groundwater level rose: 260ft 35-60ft (10 villages)

Supports 100+ cattle daily & habitat for rare bird species

100+ people directly benefit

Boosts agriculture, ecology & community well-being

Regal Rexnord's partnership shows CSR's power: investing in nature = investing in humanity's legacy.





A joint Initiative of
**Yuva
abhaya**
Karnataka



Hunt The Winter 2025: Warming Hearts Beyond Borders

As winter sets in, thousands face nights of struggle on our streets. For them, a blanket is more than just warmth – it's protection, dignity, life. abhaya's Hunt The Winter 2025 turned compassion into action, driven by conscience & collective responsibility.

With pride & gratitude, we shared over 5,000 blankets across Andhra Pradesh, Telangana, Maharashtra, West Bengal & Karnataka – reaching homeless families, street dwellers, scrap pickers, elderly, women & vulnerable kids.



HUNT THE WINTER

IBM Flame & Benevolence leads to warmth of benevolence for 400 tribals!

www.abhayafoundation.org



Everyone stood shoulder-to-shoulder, proving service has no age, boundary, or condition. That warmth is the soul of Hunt The Winter 2025.

Join us in abhaya Hunt The Winter 2025 – Warm their hearts. Transform their lives. - **Team abhaya**

Stitching Dreams...Stunning the World: 25 Women Empowered @ Janagam

Today marked the end of a 90-day free tailoring program at Janagam. It was a proud moment for the 25 women who completed the course

Beyond Just Teaching

Padma kept heart and soul into this batch. Even when she wasn't feeling well she attended the classes and she treated every student like her own child. The bond she built was so strong that by the end of the session, many students were in tears. Even though it was only a three-month course, they felt the same sadness as friends graduating from school after many years.



25 Rural Women successfully completed 3 months Tailoring Course at Janagam, Yadadri Dist, TG

The "TAILOR" Success Mantra

The founder spoke to the women about a simple TAILOR mantra to help them succeed:

- * T – Time
- * A – Accuracy
- * I – Involvement
- * L – Love your work
- * O – Opportunity
- * R – Right Royal life

He encouraged them to be trendsetters in their work. In response, the students promised to spend at least 6 hours every day on their machines to earn a good living and support the abhaya mission in return.

- **CA K Sandesh, abhaya SoulDear, Bengaluru**



A Heartwarming Gesture by Janagam Women Trainees

In a poignant moment, students who completed their 90-day tailoring course at abhaya Foundation gathered to express gratitude in the most selfless way. They collectively donated 25kg of rice, oil, dal, and groceries to abhaya Home of Happiness.

The founder was overwhelmed, reminiscing the olden days when village priests visited homes, spreading positivity, and received grains in return – a humble contribution to their livelihood. He felt akin to that priest, blessed by the students' kindness, and wished them boundless success. - **Team abhaya**

Girls' Dreams, Big & Bright!

abhaya Foundation & Amazon join hands to gift a MEGA multipurpose hall to 600 girl students of TSRS&JC, , Yedapally, Bodhan, Telangana!

Many of the girls had NO space to sleep or No Space for doing practicals or No space for a library to read books all these years... but now, with abhaya IVC Ltd Science lab done in 2023 & abhaya multipurpose hall in 2025 (worth Rs. 25 lakhs+), we're unlocking BIG dreams! Inauguration on Dec 27, Saturday, 2.30PM! Come celebrate & empower girl child education!

Multi Purpose Hall dedicated



Threads of Gratitude, Weaving Hope

Meet the women who turned their gratitude into action! After being inspired by abhaya's selfless service, our 3-month tailoring trainees from Choutuppal decided to give back to the community. They donated 50kgs of rice to abhaya Home and 10 warm blankets as part of the "Hunt the Winter" initiative. No longer idle, they're igniting change with every stitch and every act of kindness! - **Team abhaya**

విద్యుత్తానే దేశ ప్రగతి సాధ్యం

అభయ ఫోండెషన్ వ్యవస్థాపకులు సుంకు బాలచంద్ర స్వామి



ఎప్పర్లి, డిసెంబర్ 28 (శోకంతీరు) : బాలికల విద్యుత్తానే దేశ ప్రగతి సాధ్యమయ్యాడని అభయ ఫోండెషన్ వ్యవస్థాపకులు సుంకు బాలచంద్ర స్వామి అన్నారు. శీవారు మందల కేంద్రంలోని బాలికల గురుకుల పారశాలలో రూపాయలు 30 లక్షల వ్యాయంతో నిర్మించిన పారశాల భూమాన్ని ఆయన ప్రారంభించి మార్చాడారు.



నేడు ప్రపంచంలో విద్యుత్త అంతర్జాల ప్రాధాన్యత ఉందని ఈ బోల్టీ ప్రపంచంలో చదువుతోనే ఏద్దొ సాధ్యమయ్యాడని అన్నారు. ముఖ్యంగా ప్రపంచంలో మహిళలు, బాలికల ఇరుగుతున్న అభాయాశ్ాఖలో ఎంతోచుండి సమిధలు అప్పుతున్నారుని అన్నారు. అందుకే మహిళలు, బాలికలు మందస్తు కాగ్రజులు తీసుకొని మసులుకేవాలని సూచించారు. ఇందుకేనుంచి తాము అభయ, అమిత కార్యక్రమాన్ని రూపొందించి కరప్రొల ద్వారా విస్తృత ప్రాచారం చేస్తున్నామన్నారు. ఆయ రాష్ట్రాల్లో తాము పలు సంస్కరణ సమాచారంతో పారశాలల్లో క్రామాలలో చేపడుతున్నట్లు తెలిపారు. కార్యక్రమంలో ఎడవల్లిసాయి సంస్కరించున్న వ్యవస్థాపకులు వెంకలేస్టర్ శర్ప, ట్రిప్పిస్టర్ గంగా శంకర్, తూప్రాన్, వింగంపల్, గురుకుల పారశాలల ప్రైన్సిపాల్ లో నుచేసిని రెడ్డి, సురభి వైష్ణవ్, పెద్దలు బంజ శంకర్, సూర్యానారాయణ, ప్రైన్ క్లబ్ అధ్యక్షుడు కదం ప్రకాశ్ రావు పాల్గొన్నారు.



CSR Discussion



Valens partnering in adding value to TSRSJC, Keesara



నమస్తై తెలంగాణ

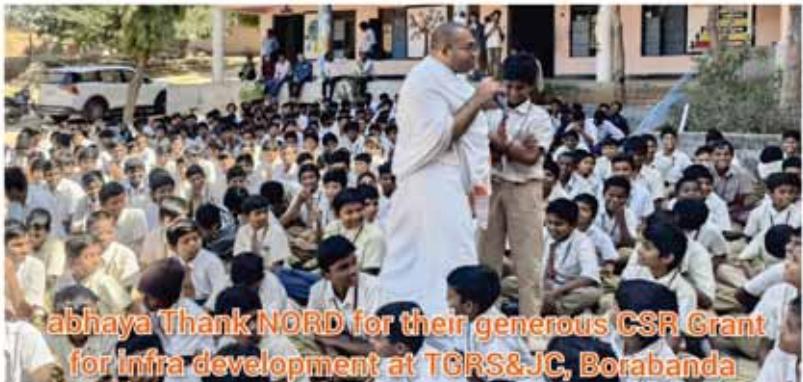
తరగతి గదుల నిర్మాణానికి భూమి పూజ



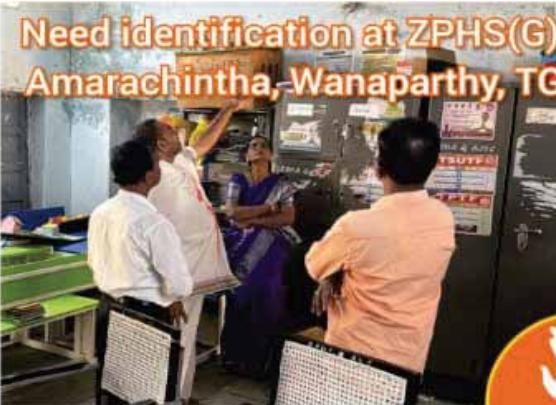
గదుల నిర్మాణానికి యూచు పూర్తి చేసుకున్న నిర్మాణములు



NORD
ANGLIA
EDUCATION



abhaya Thank NORD for their generous CSR Grant for infra development at TGRS&JC, Borabanda



Call for Heroes: Join abhaya Super 60 2026! In Telangana



Last year, we empowered 60 meritorious students with expert coaching for TGRSJC & POLYCET at abhaya Home, Telangana. With Regal Rexnord & ZETA's support, we saw dreams take flight!

Need YOU for Super 60 2026!

We're looking for passionate teachers & volunteers to:

- Mentor bright minds
- Share expertise (30-day residential coaching)
- Guide life skills & field visits

Impact: Break cycles of poverty, empower communities

If you're in Hyderabad/Telangana, join us! on what's app Super 60 Group now...it just started. But if you are committed for the Project, then only join.

If you want more details in this regard...you may call

Ravi 90000 06977

Dinesh 94405 09626

Chaitanya 98665 59686

<https://chat.whatsapp.com/CFuSvQ0tn3w520vF1pXsnC>

Let's ignite young minds in 2026! - **Team abhaya**



GSPV ట్రస్ట్ ఆధ్యర్యంలో కోగటం రామంలోని శీ ఏరాంజనేయ స్వామి దేవస్థానం ప్రాంగణంలో సార్వజనిక ప్రాథమిక వైద్య కేంద్రాన్ని ఏర్పాటు చేసి రామ ప్రజలకు ఉచితంగా వైద్య సేవలు అందిస్తున్నారు.



ఈ కేంద్రంలో జ్యారము, దగ్గు, జలయి, డీప్‌హైడ్రోప్రైపర్ వంటి సాధారణ అనారోగ్యాలతో పాటు చిన్న గాయాలకు ప్రథమ చికిత్స, కుట్టు మరియు కట్టు సేవలు ఉచితంగా అందజేయబడుతున్నాయి. డిసంబర్ నెలలో మొత్తం 390 మంది రోగులకు OP సేవలు, 285 మందికి ఉచిత నెలవారీ మందులు అందించబడాయి. ప్రత్యేకంగా ఇద్దరు అవసరమైన రోగులకు వెన్నునోప్పి బెల్ల్యూ కూడా అందజేశారు.

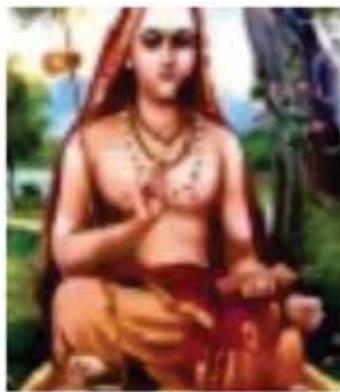
అలాగ్, రామంలో GSPV ట్రస్ట్ నిర్వించిన కమ్యూనిటీ టాయిలెట్ వద్ద మోటారు మరమ్మత్తు కావడంతో కొత్త మోటారు ఏర్పాటు చేసి కనెక్టన్ అందించారు.

రామ నిరుద్యోగ యువతీ-యువకుల కోసం ఉపాధి శిక్షణలో భాగంగా ఉచిత డైవింగ్ తరగతులు నిర్వహిస్తున్నారు. కొత్త బ్యాచ్ శుక్రవారం నుంచి ప్రారంభం కానుండగా, ఇప్పటికే 9 మందికి LLR లభించింది. త్వరలో విద్యార్థులు డైవింగ్ లైసెన్స్ పరీక్షకు పోజరుకానున్నారు. ఈ సేవల వివరాలను పంచుకున్న GSPV ట్రస్ట్ కు రామ ప్రజలు కృతజ్ఞతలు తెలియజేశారు

The abhaya Sanskara Kendra at Ajagondanahalli village, Bengaluru, resonated with life and laughter this evening. abhaya Balachandra Swamiji's visit was a highlight, as he engaged students in a session on vocabulary building, encouraging them to learn 5 new words daily from a dictionary. The students actively participated, sharing new words they learned, and Swamiji tested their English vocabulary.

Emphasizing the importance of learning, Swamiji highlighted the significance of Writing, Reading, Listening, and Thinking. He also encouraged the students to maintain their books with care.

The evening was made special with a birthday celebration for one of the students. Swamiji taught them a birthday song and a song of gratitude, instilling a sense of appreciation and community. The students also learned about the importance of gratitude before meals and the fascinating workings of the human stomach, which was explained as having four parts: one part for solid food, one part for liquids, one part for air, and one part empty. This engaging session was a wonderful way to foster knowledge and community among the students. - **Vinod, Teacher, Kamakoti Nadaswara Pathashala, Bengaluru**



Visit to Kamakoti Nadaswara Pathashala



abhaya

Home of Happiness

Thank RajaLakshmi Hospital, Vanasthalipuram
for visiting residents (25.12.2025)



ఇట్లోంపట్టంలో అడవి ప్రాంతంలో ఉన్న అభయ ఆనంద నిలయం చలి తీవ్రత ఎక్కువగా ఉండే ప్రాంతం. ఇక్కడ నివసిస్తున్న వృద్ధుల ఆరోగ్యం, భద్రతను దృష్టిలో ఉంచుకుని వారికి అవసరమైన దుస్తులు, స్వచ్ఛతలు, సాక్షులు, దుష్టులు అందజేస్తూ చూసుకోవడం మత్తమే కాదు ప్రతి గదిలో ఉప్పు యంత్రాలు పెట్టడం జరిగింది. చలి

నిజంగానే భయం కలిగిన్నోంది. అందరూ వేడి నీళ్లస్నానం చేసేందుకు ఏర్పాటు చేసారు.

ఈ నెలలో డా. శూలపాణి తమ సిబ్బందిని ద్వారా ఆశ్చయవాసులందరికి ఆరోగ్య తనిఖీలు నిర్వహించారు. అంతే గాక ఆశ్చమానికి అవసరమయిన బోషధాలు కూడా అందించారు.

ఈ నెలలో కొత్తగా మీరాబాయి అనే వృద్ధ మహిళ నడుము విరిగిన సమస్యలో, కన్న బిడ్డలున్న ఆశ్చయం లేక తన కుమారుడు భాస్కర్ తో కలిసి అభయను ఆశ్చయించింది. రాజ్యలక్ష్మీ ఆసుపత్రిలో వైద్య పరీక్షలు చేయించగా, ఈ వయసులో శస్త్రచికిత్స సాధ్యం కాదని వైద్యులు సూచించడంతో, ప్రస్తుతం మందులతో చికిత్స కొనసాగుతోంది. తల్లిని చూసుకునే బాధ్యత కుమారుడిదైతే, ఆ ఇద్దరినీ చూసుకునే బాధ్యతను అభయ ఆనంద నిలయం స్వీకరించింది.

ఇక్కడ కొందరికి దబ్బులేదు, కొందరికి ఆశ్చయం లేదు, మరికొందరికి ప్రేమగా పలకరించే వారు లేరు. అలాంటి “ఏమి లేని వారికి” తానే ఒక తల్లిలా మారి, ఆదరించి, అక్కన చేర్చుకుంటున్న పవిత్రస్థలం అభయ ఆనంద నిలయం.

ఈ నెలలో వ్యవస్థాపకుల అమ్మ గారు ఆశ్చమాన్ని సందర్శించారు. ప్రతి విషయానికి చేదోదు-వాదోదుగా నిలుస్తూ, అందరికి పెద్ద దిక్కుగా ఇక్కడే ఉన్నారు. అలాగే అభయ ఆత్మచంధువు సందేశగారు తమ విలువైన సమయాన్ని అభయ సేవకు అంకితం చేస్తూ, రెండు రోజుల పాటు ఆశ్చయవాసులతో కలిసి గడిపారు. అభయ సిబ్బంది వెంకట్ గారు,

డైవర్ నానిగారు తమ బాధ్యతలను నిబద్ధతతో నిర్వహిస్తున్నారు.

ఆశ్చమ ప్రాంగణంలో ఉన్న రాము, రాణి అనే కుక్కలకు నాలుగు చిన్న కుక్క పిల్లలు పుట్టడంతో, వాతావరణమంతా సందడిగా, ఆనందంగా మారింది.

త్వరలో ఆశ్చమానికి సంబంధించిన సమస్యలు అన్ని తోలగిపోవాలని భగవంతుని హృదయపూర్వకంగా ప్రార్థిస్తున్నాను.

ప్రతినెలూ మహార్షి రైస్ మిల్ నుండి శ్రీమతి అనిత శ్రీనివాస్ గారు 100 కేజీల బియ్యం ధాన్యంగా అందుతోంది. వారి ప్రీమటో కూడిన సేవకు, ఆదరణకు మేము ఎల్లప్పుడూ కృతజ్ఞులం. ఆ భగవంతుడు వారికి అన్ని విధాలా తేడుగా ఉండాలని ప్రార్థిస్తున్నాము. ఇటువంటి దాతల సహకారంతో ఆశ్చయవాసులు మాత్రమే కాకుండా, ఉచిత ఉపాధి శికణల కోసం వచ్చే కుట్టు, టైపింగ్, బూటీపీయన్ శికణార్థులు, విద్యార్థులు, సందర్శకులు ఎంతో లాభం పొందుతున్నారు.- మంగ, అభయ కోత్తర్సెన్టర్, అభయ ఆనంద నిలయం, ఇట్లోంపట్టం

Paws & Joy: Merry Christmas from abhaya Home!

Yesterday was a heartwarming day at abhaya Home! A mama dog welcomed 4 adorable puppies, just in time for Christmas, and she's being the ultimate protector. We're over the moon for her!



As we celebrate the festive season, our 7 furry friends at abhaya Home are spreading cheer. Wishing you a joyous Christmas & Happy Holidays!

Need support to care for our furry family. Want to join the pack? - **Team abhaya**

<https://youtube.com/shorts/2RJyz2O1xpc?si=9d8V7SL9S6fm-pP6>



abhaya Home of Happiness

abhaya Nithyaanna Seva Scheme

(abhaya NSS)



Day by day, the activities of abhaya Home of Happiness increasing. As abhaya is offering all the services free of cost benefiting Destitute, Patients, Unemployed Youth all through the year, the need is felt to launch abhaya Nithyaanna Seva Scheme at abhaya Home, S.No: 58, Vinobanagar Development Society, Ibrahimaptanam, RR Dist, TS. Accordingly abhaya team decided to launch a Scheme with simple guidelines. The food is provided on 1 day in a year or 1 day in a year for life time, coinciding Birthdays, Wedding days, Death Anniversaries, Festivals etc., at the choice of the Donor.

Rs.1, 116/- for serving food for once on a day

Rs.3, 116/- for serving food 3 times a day

Rs.10, 116 /- for serving food on one day in a year for life time

Notes:

1. The names of donors shall be displayed in Gratitude Board at abhaya Home Dining Hall
2. A certificate of appreciation in this regard will be provided to the Donor along with Receipt.
3. The donations collected under this scheme will be kept in the form of FDR
4. The interest generated on such deposit will be used for providing food.
5. Project Coordinator: KSV Siva Krishna (9959220450)



abhaya Home of Happiness
AXIS Bank, Hyderabad
A/c No: 912010024839320
IFSC: UTIB0000008
ECS facility available



K Manasa (B Tech)

I am Konuganti Manasa from Brahmanapalli, Piduguralla Mandal, Palnadu District. I am pursuing 3rd BTech (CSE) with AIML at VR Siddhartha Engineering College, Kanuru, Vijayawada.

I am very grateful to the abhaya Foundation team for their time, patience, and support during my visit. This interaction has strengthened my determination to work hard, improve my skills, and make the best use of the opportunities provided to me. I sincerely thank abhaya Foundation for standing by students and helping us move forward in our educational journey.



Higher Education Scholarship | Nurturing Futures, One Month at a Time

Through the abhaya Higher Education Scholarship, young minds from diverse academic pathways are being quietly yet consistently supported on their journey toward excellence. At present, 15 students pursuing advanced studies in medicine, doctoral research, engineering, NITs, polytechnic education, and pre-university courses are being mentored and sustained—ensuring that academic expenses, accommodation needs, examinations, and daily study requirements never become obstacles to ambition.

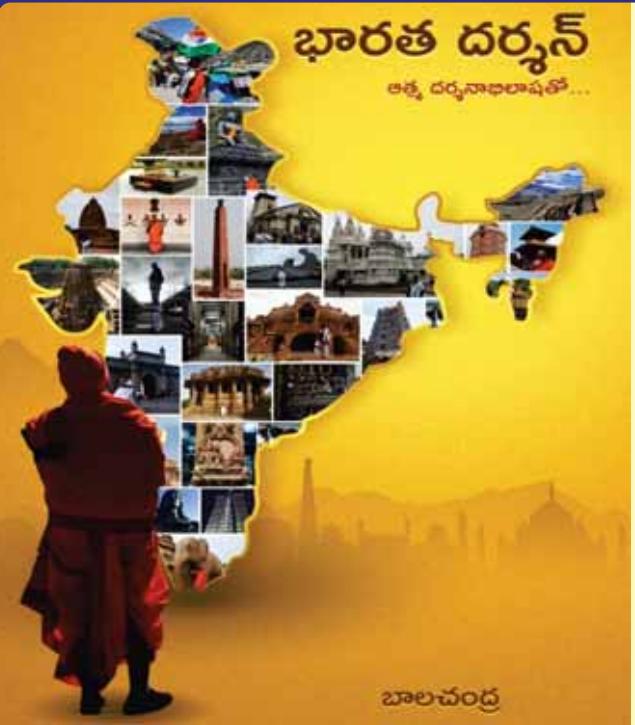
Beyond financial assistance, founder and abhaya secretary places strong emphasis on continuous engagement and personal care. Students remain closely connected through structured online interactions, periodic academic updates, and one-to-one mentoring whenever possible. This month reflected notable academic momentum, with several students demonstrating progress through examinations, research contributions, interviews, and scholarly publications—clear indicators of focused learning and growing confidence.

Alongside academics, students are actively participating in NCC and NSS initiatives, sports, and fitness activities—nurturing both mental resilience and physical well-being. These experiences are shaping them into balanced individuals, grounded in discipline and teamwork.

A particularly moving highlight of the month was their participation in "Hunt the Winter", a seasonal service activity. For many, this marked their first experience of collective service beyond classrooms. The opportunity to give back left a deep emotional impact, fostering empathy, gratitude, and a renewed sense of purpose.

Overall, the month stood as a testament to steady progress, personal growth, and heartfelt appreciation—reflecting the spirit of responsibility and service that abhaya seeks to cultivate in every scholar. - **Team abhaya**





గత సంచిక తరువాయి భాగము...



విష్ణు గయ క్షేత్రంలో వేలాది మంది పిండ ప్రధానం చేసి ఆలయం దగ్గర అన్న ప్రసాదం పెడుతూ ఉన్నారు. శ్రీ రాముల వారు తన తండ్రి అయిన దశరథ మహారాజు గారికి ఒక్కడే కర్మలు నిర్వహించారని చెబుతారు.

నేను అటునుండి పట్టుణి నది ఆవతలి వడ్డునున్న సీతాకుండ దర్శించుకున్నాను. ఇక్కడ ఇంకోక కథ కూడా

సీతామూతకి సంబంధించి ఉన్నది అదేమిటంటే ఆ నదిని, ఆవుని, తులసిని అగ్నిని, భూహృతుని అమృతారు శపించిన కథ.

పురాణ కథనం ప్రకారం దశరథ మహారాజు గారి పిండ ప్రదానానికి వస్తువులు తీసుకురావడానికి శ్రీరాము లక్ష్మణులు వెళ్ళినపుడు అమృతారు నది ఒడ్డున ఉన్నపుడు దశరథుని ఆత్మ ఆమె దగ్గరికి వచ్చి నాకు ఆకలిగా ఉంది కర్మల ఆచరించి పిండ ప్రధానం చేయమని అడిగిందట. అమృతారి దగ్గర కావాల్సిన వస్తువులు లేకపోవడంతో నది ఒడ్డున ఉన్న ఇసుకను తీసుకొని, సాకులుగా ఆవుని, అగ్నిని, భూహృతుని, కేతక పుష్పాన్ని, వటవృక్షాన్ని, తులసిని తీసుకొని పిండ ప్రదానం చేశారట. శ్రీరాము లక్ష్మణులు తిరిగి వచ్చిన తర్వాత సాక్ష్యం అడిగితే ఒక వటవృక్షం తప్ప, అందరూ అబద్ధం చెప్పారట ఆగ్రహించిన అమృతారు ఫల్లుణి నదిని ఉపరితలంపై నుంచి అద్భుత అవమని (ఇప్పటికే కొంత తవ్వితే కానీ మన కర్మలు నాచరించడానికి నీరు రాపు) అంతర్గతంగా ప్రవహించమని, ఆవుని నోటితో అబద్ధం చెప్పింది కాబట్టి ముఖు భాగాన్ని పూజించరని, భూహృతుడు అబద్ధం చెప్పాడు కాబట్టి అతను ఎన్ని వస్తువులు వచ్చినపుటికే అసంతృప్తి గానే ఉండి ఇంకా ఎక్కువ కావాలని ఆశతో ఉండాలని, తులసి గయ ప్రాంతంలో కనిపించకూడదని, అగ్నిని అక్కడ పూజించరని, కేతకే పుష్పం పూజకు పనికిరాదని, పిండ ప్రధానం చేస్తున్న వాళ్ళు వటవృక్షానికి పూజ చేస్తే కానీ ఆ ఫలితం రాదని వరం ఇచ్చిందని చెబుతారు. చాలా విచిత్రంగా వుంది కదా కథ.

రామాయణ, మహాభారతాలకి సంబంధించిన ప్రదేశాలు, బుద్ధులు, జ్ఞానులు, సూఫీలు, సిక్కులు, గాంధీ తదితరులకు సంబంధించిన ప్రదేశాలు ఉండడం వల్ల బీహార్ ని పుణ్యభూమి అని అంటారు. ఆ మాటకి వస్తే మన భరతభూమి, ఒక పుణ్య భూమి, కర్మభూమి అందువల్లనే దేవుళ్ళు కూడా ఇక్కడ జన్మని తీసుకోవాలని కోరుకుంటారు.



బుద్ధ గయ:

నేను అక్కడి నుంచి బొద్ద మత పుణ్య స్థలాల్లో ఒకటైన బుద్ధగయకు

పుయాణమయ్యాను. ఇక్కడ బుద్ధుడు జ్ఞానేదయం పొందారని చెబుతారు. ఇక్కడున్న మహా బుద్ధ ఆలయ సముదాయం ప్రపంచ వారసత్వ ప్రదేశం. నేను బుద్ధుడి జీవితము ఆయన లక్ష్యం గురించి సంక్లిషంగా ఆలోచిస్తూ చాలా సమయం అక్కడ గడపగలిగాను.

నేను మహా బోధి ఆలయం చంకర్ మాస్ట్ర్ ల్, బోధి చెట్లు, వజ్రాసన, అనిమిషలోచన స్తూప, రత్నముర్ ఆచపల్ వృక్షము, ముచాలింద ట్యూంక్ బుద్ధిని జ్ఞానేదయ కథలలో ప్రతి దానికి కూడా గోపు ప్రాముఖ్యత కలిగి వుంది అని చెప్పాలి.



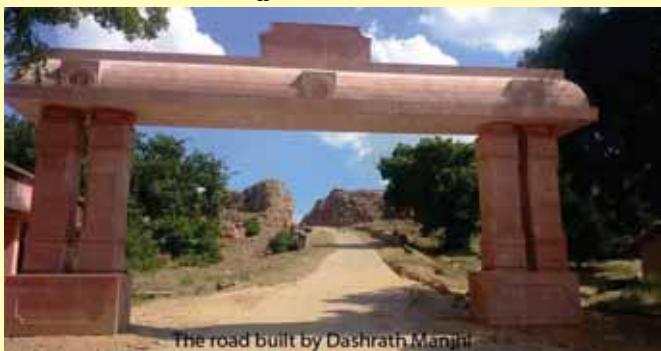
నేను బుద్ధగయ క్షేత్రంలో దేవాలయానికి చుట్టూ ఉన్న బౌద్ధ ఆరామాలన్నిటినీ సందర్శించాను. ప్రపంచంలోని దేశ దేశాలలో బౌద్ధ ఆరామాలు కట్టబడి ఉన్నాయి. కానీ బుద్ధగయను భూమి మీద ఉన్న అత్యంత శక్తివంతమైన ప్రదేశంగా పరిగణిస్తారు.

దశరథమాంజి పర్వతమనిషి : నేను బుద్ధగయ నుంచి



రాజఘర్ కి వెళ్లి మార్గంలో దశరథ్యాప్పి రామము గట్టోర్ ను సందర్శించాను.

అయిన నా జీవితానికి ఒక స్వార్థి. దాదాపు 15 సంవత్సరాల క్రితం ఈనాడు ఆదివారం పత్రికలో అయిన కథ చదివాను, నేను ప్రాదరాబాద్ సాయి యూత్ గ్రూప్ లో సేవలు చేసే సమయంలో అతని కథ ఆధారంగా ఒక డ్రామాను సత్యసాయబాబా ముందు ప్రదర్శించే ప్రయత్నం చేసాము. అయిన కోసము బాబా ఆశీర్వాదాలు తీసుకుండామని ఆశతో చేసాము. ఆ సమయంలో నాకు ఆయినను కలిసీలద్వష్టం కలిగింది.



ఆయిన కథ ఏమిటి అంటే! ఇలా సాగింది.

గేహరా పర్వతాలు ఒకప్పుడు పల్లపు ప్రదేశాన్ని రెండుగా విభజించి ఉంచినవి, ఎత్తు తక్కువగా ఉన్నప్పటికీ

భయంకరమైనవి. వాటిని ఎక్కాలి అంటే వెన్నెముకను శ్రమ పెట్టేవి. వాస్తవానికి రామ ప్రజలందరూ పొలాలకి,

స్వాల్ కి వెళ్లడానికి ఈ కొండలు ఎక్కు మైళ్ళ దూరము ప్రయాణించవలసినదే కానీ మంజి భార్య పొగుణి

మరణంతో ఈ పరిస్థితులన్నీ మారిపోయాయి. ఒక ఇరుకు కొండ మీదుగా భర్తకు ఆహారం తేవాలని ప్రయత్నిస్తూ ఉన్నప్పుడు ఆమెజారి పడిపోయి తీవ్రగాయాల పాలైంది.

సమీప వైద్య సదుపాయము 40 మైళ్ళ దూరంలో ఉంది. ఆప్రమాదం జరిగిన కొండ కాలంకి ఆవిడచనిపోయారు.

ఇప్పుడు ఆ మార్గం ఆ రామ ప్రజల సురక్షిత ప్రయాణానికి కాకుండా చిన్న చిన్న వాహనాలకు కూడా ప్రయాణింండాలానింకి అనుకూలమై ఉన్నది. ఒక మనిషిలో దాగున్న ఆశ్చర్యకరమైన ఓర్పు అద్భుతమైన శమకు నిదర్శనమే ఇది. ఆ గ్రామానికి పేరు కీర్తి ఆయిన శమ వల్లనే వచ్చాయి.

ఇప్పుడు గప్పుమెంట ప్రత్యేక శద్ద కనటరిచి ఒక హస్సిటల్ ఇతర సాకర్యాలను కల్పించింది తద్వారా ఆ ప్రాంతంలోని వేలమంది కుటుంబాలకి విత్తాంతినిచ్చింది

బక్ మార్గం ఏర్పరచాలని అతని సంకల్పం. కానీ ఆయిన తన రామస్తులు చేత వేళాకోళం చేయబడినప్పటికీ,

ప్రభుత్వం అతని పనులను పట్టించుకోనప్పటికీ, ఆ విషయాలను తను లెక్క చేయకుండా కటోర శమతో

విరామం ఎరుగకుండా డైర్యూగా, పట్టుదలగా పనిచేశాడు. ఎన్నో ఏళ్లు ఇలా పని చేశాడు. నిదానంగా ఒక మార్గం ఏర్పడింది కొంతకాలం అలా గడిచాక ప్రజలు ఆయిన కరోర్

దీక్షని పనిని చూసి ఆయినను గౌరవించి ఆయిన ఆయిన కథ ఏమిటి అంటే! ఇలా సాగింది. మొదలుపెట్టారు ఆయన్ని పర్వతమనిషి అని పిలిచేవారు.

కావాల్సిన పరికరాలు భోజనాలు జవ్వటం

మొదలుపెట్టారు ఆయన్ని పర్వతమనిషి అని పిలిచేవారు.

ఇక ఆయిన 22 ఏళ్ల పాటు నడుము విరిగేంతగా చేసిన కరోర శ్రమ తర్వాత 360 అడుగుల రోడ్సుని 1982లో

ఆయిన పూర్తి చేశారు. గ్రామస్తులకు కొండ చుట్టూ మైళ్ళ దూరం ప్రయాణించే బాధ తప్పి సులువైన మార్గం ఏర్పడింది.



అశ్చర్యకరమైన ఓర్పు అద్భుతమైన శమకు నిదర్శనమే ఇది. ఆ గ్రామానికి పేరు కీర్తి ఆయిన శమ వల్లనే వచ్చాయి.

ఇప్పుడు గప్పుమెంట ప్రత్యేక శద్ద కనటరిచి ఒక హస్సిటల్ ఇతర సాకర్యాలను కల్పించింది తద్వారా ఆ ప్రాంతంలోని వేలమంది కుటుంబాలకి విత్తాంతినిచ్చింది

బక్ మార్గం ఏర్పరచాలని అతని సంకల్పం. కానీ ఆయిన శమ వల్లనే వచ్చాయి. ఇది. ఆ గ్రామానికి పేరు కీర్తి ఆయిన శమ వల్లనే వచ్చాయి. ఆయిన కథ ఏమిటి అంటే! ఇలా సాగింది. మొదలుపెట్టారు ఆయన్ని పర్వతమనిషి అని పిలిచేవారు.

(ఇంకా మంది)

abhaya Bhavita | A Game Changer for Girl Safety and Empowerment



In a world where every girl deserves safety, confidence, and opportunity, abhaya Bhavita stands as a powerful movement of awareness and transformation. More than an initiative, it is a collective effort to nurture courage, self-belief, and preparedness among young girls—enabling them to face life with strength and clarity.

Through structured safety awareness sessions and value-based guidance, abhaya Bhavita has touched the lives of lakhs of girls across India. Together, the founder and Bhavita volunteers have reached nearly two lakh individuals, spreading practical safety principles and confidence-building insights at the grassroots level. A significant milestone was achieved when abhaya Bhavita was presented at Telangana Raj Bhavan, where the Hon'ble Governor stood in solidarity with the mission.

The movement is actively carried forward by dedicated Bhavithans across Telangana, Andhra Pradesh,

Karnataka, and Tamil Nadu, including Jayashree Girija, Sridevi, Vijayalakshmi, Eshwariah, Anuradha, and many others. Their outreach across districts such as Medchal, Chittoor, Kadapa, East Godavari, and Annamayya has created deep and lasting impact—often introducing life-saving safety perspectives that participants encounter for the first time.

Guided by the founder's heartfelt leadership and unwavering commitment, abhaya Bhavita continues to inspire trust and transformation. The emotional feedback from participants reaffirms a simple truth: when girls are empowered with awareness and confidence, they become fearless and unstoppable. — **Team abhaya**



Reached 3000 Students & Teachers in Telugu States



Bhavita@South India

AP Model School,
Chellagurki, ATP



Cumulative total is 2,00,000 students / Teachers / Parents in South India in 6 months time. This rare feat of creating awareness for the people is done by 100 Bhavita SoulDears - **Team abhaya**



Bhavita @ SPW Polytechnic



Towards Ideal Villages...

VILLAGE SERVICE IS DIVINE SERVICE

Invitation to Newly Elected Village Sarpanches of Telangana



Abhaya Foundation invites all new sarpanches
for a special meeting.

Venue: ABHAYA HOME One Day Special Session

GRAMA SEVA -

Glory of Bharat

- G - Glory of God
- R - Rural Empowerment
- A - Agri Care
- M - Medicare
- A - Animal Care
- S - Service
- E - Educare
- A - Values

P4 Model: Public - Private - People's Participation

5-Year Partnership



Sustainable Development



Self-Reliant Villages



Value Based Service

This is not an Event... It's the Dawn of a Movement!

Come... Lets embark on Village Service for
Ideal, Self-Reliant, Value-Based Villages



ABHAYA FOUNDATION
www.abhayafoundation.org

ఆదర్శరామాల దిశగా...రామ సేవయే రామ సేవ

తెలంగాణ రాష్ట్ర నూతన రామ సర్వంచులకు శుభాకాంక్షలు...

ఆహ్వానం!!

తెలంగాణ రాష్ట్రంలో కొత్తగా ఎన్నికైన సుమారు 12,750 రామ సర్వంచులు నిజంగా రామాభివృద్ధిని దీక్షగా స్వీకరిస్తే రాబోయే 5 ఏళ్లలో ప్రతి రామం ఒక ఆదర్శ రామంగా మారగలదు. ఈ మహాత్మర లక్ష్య సాధనలో అభయ ఫాండేషన్ మీతో కలిసి నడవడానికి సిద్ధంగా ఉంది. రామాన్ని ప్రమించే, రామం కోసం పనిచేయాలనుకునే, బెత్తాహీకా సర్వంచుల కోసం ప్రత్యేక ఆత్మియ సమావేశం ఏర్పాటు చేయడం జరిగింది

వేదిక: అభయ హోమ్ ఆఫ్ హైప్పోనెన్స్, గోపాల్ గోచాల దగ్గర, ఇబ్రహీంపట్టు, రంగారెడ్డి జిల్లా

తేదీ: 10.01.2026, వారం: ఆదివారం, సమయం: 10 గంటలకు

ఈ సమావేశంలో పాలోనే సర్వంచులకు, రామానికి వారు ఏ విధంగా నిలబడగలరో ఆచరణాత్మక మార్గదర్శకత అందించబడుతుంది.

Public – Private – People's Participation (P4 Model) - ద్వారా రామస్థాయిలో ఎలాంటి అభివృద్ధి చేయవచ్చని వివరంగా తెలియజేయ బడుతుంది.

5 సంవత్సరాల భాగస్వామ్యం - ఎంపికైన రామాల్లో అభయ ఫాండేషన్ రామ సర్వంచులతో కలిసి 5 సంవత్సరాల పాటు భాగస్వామీగా పని చేస్తుంది.

లక్ష్యం ఒక్కట్ - సుస్థిర అభివృద్ధి, ఆత్మగౌరవ రామాలు, విలువలతో కూడిన స్వప్రాణాల మార్గాలనుకునే మనసు ఉంటే చాలు మార్గం చూపడానికి అభయ ఉంది.

రండే...రామ సేవలో భాగస్వాములు అపుడాం...ఆదర్శ రామాల బాటలో కలిసి నడుధ్యాం

With Love & Life for the Country, అభయ ఫాండేషన్
www.abhayafoundation.org

మరిన్ని వివరాలకు మరియు నమోదుకు

ఫోన్ చేయండి: 9000006977 / 82191 97401

ఈ సమావేశం కేవలం 2026 జనవరి 8వ తేదీ లోపుగా పేర్లు నమోదు చేసుకున్న సర్వంచుల కి మాత్రమే అని గమనించాలి. వేరే ఎపరికి అవకాశం లేదు



Enlightenment



ఉత్తర ద్వారమా?? ఉత్తమ మార్గమా!!

సంపత్సురానికి ఒక్కసారి
వచ్చే వైకుంఠ ఏకాదశి రోజున
ఉత్తర ద్వార దర్శనం చేసుకుంటే
ఉత్తమ గతులు వస్తాయా?

లేక...

ప్రతి రోజు మన జీవితాన్ని
ఉత్తమ మార్గంలో భగవద్ ప్రీత్యర్థం
నడిపిస్తే నిజమైన ఉత్తమ గతులు సిద్ధిస్తాయా?

మనమే వైకుంఠ ద్వారం దగ్గరకు వెళితే
భగవంతుడు స్వీకరిస్తాడా?

లేక మన జీవన విధానం పవిత్రమైతే భగవంతుడే
మనకు ఎదురు వచ్చి అనుగ్రహిస్తాడా?

నిజమైన వైకుంఠ ద్వార దర్శనం ఏది?

ఏకాదశి నాడు గుడిలో అడుగు
పెట్టడం పుణ్యం కావచ్చ.
కానీ ప్రతి రోజు మన హృదయంలో
దేవుడిని నిలుపుకోవడం నిజమైన భక్తి.

ఒక రోజు దేవాలయంలో ఉత్తర
ద్వారం తెరుచుకుంటుంది.
కానీ ప్రతి రోజు మన మనసులో
విలువల ద్వారం తెరిచే వుంటుంది...
అందులో నుండి మనం వెళ్లగలిగితే
హృదయమే నిత్య వైకుంఠ అవుతుంది.

ఉత్తమ కర్మలే మనకు నిజమైన
ఉత్తర ద్వారం అవుతాయి.

భగవంతుడు మనలను ఒక రోజు పరీక్షించడు...
మన మొత్తం జీవన విధానాన్ని పరిశీలిస్తాడు.

వైకుంఠానికి దారి దేవాలయంలోని ఉత్తర ద్వారం
కావచ్చు...కానీ ఖచ్చితంగా వైకుంఠం చేరడం
మాత్రం మన నడవడిలోనే ఉంటుంది.

భక్తి అంటే ఉత్తర ద్వార దర్శనం కాదు...
భగవదర్మిత జీవన విధానం.

పుణ్యం ఒక రోజుతో కాదు...
ప్రతి రోజు చేసే ఉత్తమ కర్మతో.
మోక్షం మరణానంతరం కాదు...
ప్రతికున్న పుడై చేసే సత్కర్మల ఫలితం.

వైకుంఠ ద్వార దర్శనంతో మోక్షం
పస్తుందో లేదో తెలియదు...
కానీ మన జీవతములో చేసే ఉత్తమ
కర్మల వలన తప్పక ఆవిష్కారమవుతుంది.

ఇట్టి భావాలతో ఈ రోజు దేవుణ్ణి
దర్శించుకుండాం...మన జీవితాన్ని
ఒక సాధనగా మార్చుకుండాం.

ప్రమతో... మీ బాలచంద్ర



Celebrating International Volunteers Day!

We're honoring the selfless efforts of volunteers worldwide who make a difference in their communities.

Share Your Story! We invite our Abhaya SoulDears to share their volunteering experiences with us at abhayafoundation@yahoo.com. Don't forget to include a photo! Your stories will inspire others and showcase the impact of volunteering. Thank You to our incredible volunteers for their dedication and service. - **Team abhaya**



Companies (Amendment) Bill, 2025

KEY CSR UPDATES

SECTION 135 CHANGES

BILL NO. XXXII OF 2025

SECTION 135
CHANGES
2025

Mandatory CSR-Experienced Director



NEW

Lower CSR Thresholds



₹100 Cr+
Net Worth



₹500 Cr+
Turnover



₹3 Cr+
Net Profit

Who's Affected?



Mid-Sized Companies

What to Do?



Recheck CSR
Form CSR Committee
Plan CSR Strategy

Status



Under Parliamentary Review
Coming Soon!

abhaya Foundation welcomes the proposed CSR reforms in the larger interest of the nation and the well-being of its people.



Transformative Experience at Coimbatore Capacity Building Workshop



did an excellent job creating the acronym CAPACITY, covering key topics for the two-day workshop. The session on documentation and reporting was exceptionally informative, and his straightforward responses during Q&A were impressive. I appreciated his expertise and approach.

Thank you, Bala, for the valuable insights and knowledge sharing. I also had the pleasure of interacting with you during the journey, which added to the experience. - **Bhushan Bharateeya, Founder - Yuvashakthi Seva Foundation, Bengaluru.**

Dear Team,

I had the privilege of joining Shri. Balachandra for the two-day Capacity Building workshop at Coimbatore. Yesterday, the day started with Bala's ice-breaking session, which lit a spark in people's minds and set the tone for the sessions. He

Dear Balachandra Sir,

A heartfelt thank you for your valuable presence and continuous support.

Because of your participation, our two-day Capacity Building Program was truly meaningful and complete.

Your sessions on both days were exceptional, insightful, and highly appreciated by all participants.



We have received excellent feedback from the attendees, and many expressed how energizing and practical your guidance was for NGOs working at the grassroots level.

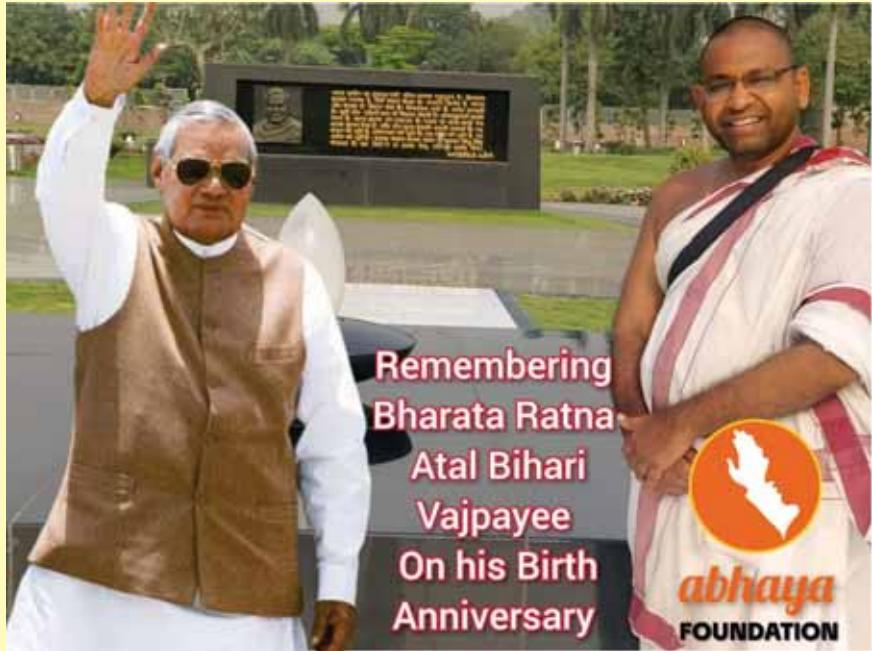
Thank you once again, sir, for inspiring us and strengthening this initiative with your expertise. We look forward to many more opportunities to work together. - **Satheesh Kumar, Executive Director – NDSO**



More than 100 NGO Leaders participated in the workshop on Capacity Building hosted by NDSO in association with UNICEF, Gayathri Charities & Samruddhi at Coimbatore, TN on 6th Dec 2025. The Founder Balachandra shared his thoughts on various topics for the benefit of delegates. - **Team abhya**



abhaya SoulDears



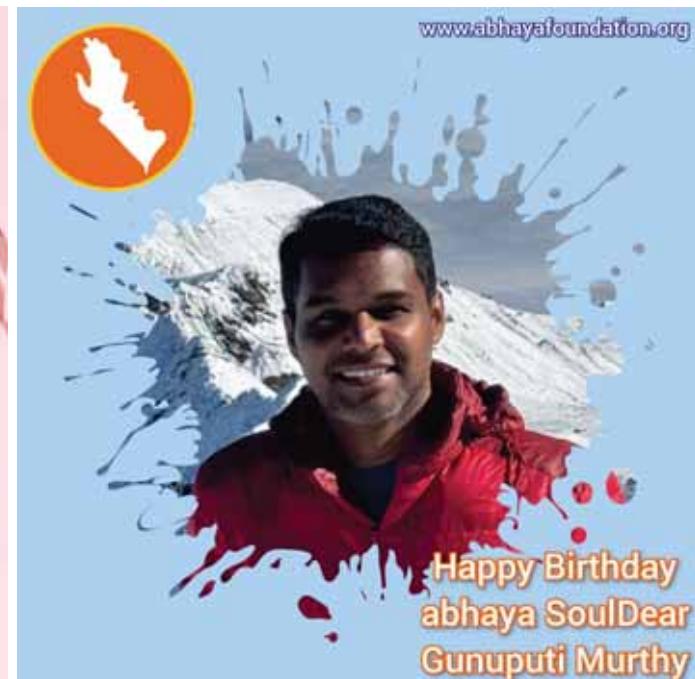
అందరివాడు...అందరూ మెచ్చినవాడు...
జనహృదయములలోనిలచినవాడు...

జనసంఘముతో జనులకై వచ్చినవాడు...
భాజపాకు బీజమై...

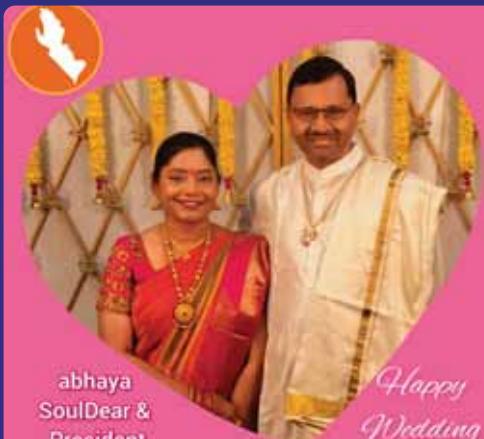
బృహత్ వృక్షంగా చేసినవాడు
భారత మాత కీర్తి పతాకమై
ఎగిరినవాడు...

అటల్ జీని తలుచుకుందాము.
ఆమహానీయుని విలువలను ఆచరించాం.

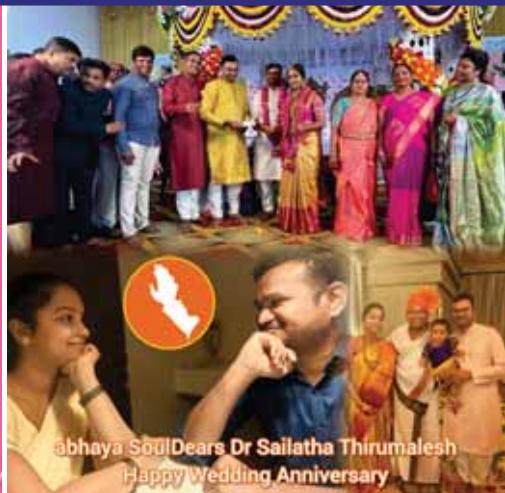
With Gratitude
Team abhaya



www.abhayafoundation.org



abhaya
SoulDear &
President
CA SN Rangaiah



abhaya SoulDears Dr Sailatha Thirumalesh
Happy Wedding Anniversary

Happy Wedding Anniversary



Prasanthi Kothamasu
MS (Data Sciences)

Congratulations!

With Best Wishes
abhaya Foundation

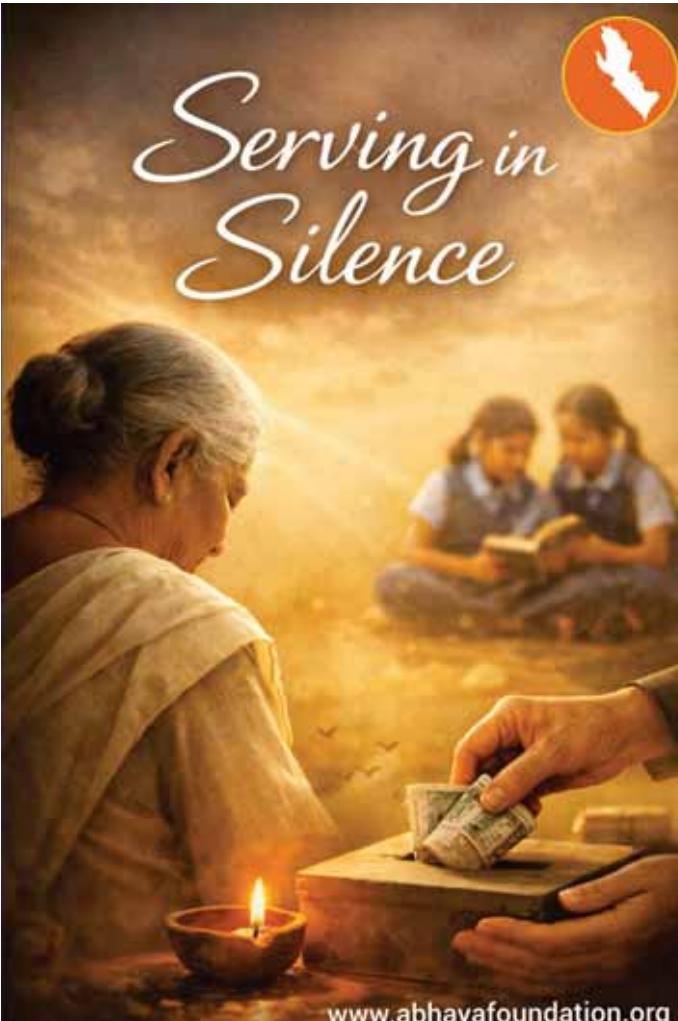
Serving in Silence

On a sacred and meaningful occasion of the Centenary, a quiet act of selfless generosity unfolded.

An elderly woman chose to offer a part of her lifelong savings, amounting to Rs. 1,00,000, with a heartfelt intention that it be used solely for the service and empowerment of underprivileged young women.

No name was shared.
No ackn was sought.
Only the joy of giving &
satisfaction of service.

Such silent contributions remind us that true giving does not seek visibility. It flows from compassion, lived values, and a deep sense of responsibility towards society. May this simple yet powerful gesture inspire many to give selflessly, in their own way, for causes that uplift and transform lives. - **Team abhaya**



Massive congratulations, Prasanthi, on your graduation with an MS in Data Sciences from Monash University, Australia! Your hard work and dedication have truly paid off. We're beyond proud to have you as part of the abhaya Foundation family. Wishing you continued success and looking forward to seeing the impact you'll make in the world of data science! - **Team abhaya**



Kousthubh, we're grateful to welcome you as a monthly donor to abhaya Foundation! Your decision to donate from your first earnings is truly inspiring. Thank you for following in your father's footsteps and contributing to a noble cause. We're proud of your commitment to excellence in your CA articles. Your support will make a real difference. - **Team abhaya**



Every Donation we receive adds more passion to serve the deserving with compassion. Thank you Sunil Kunisetty, USA for your kind and continuous donation. Prayers for your wellbeing - **abhaya Team**

It was at a Social gathering, the Founder was spotted by Dr Naresh and his family. Introducing themselves as followers of abhaya News Network WhatsApp Channel expressed their desire to associate with abhaya. He being the father of 2 daughters, appreciated abhaya Bhavita Initiative. Prayers for their well being. - Team abhaya

For knowing more about this Good Doctor...one may please follow him in Instagram

<https://www.instagram.com/drnareshkumargajjala?igsh=dHJ5OGxsamNxM300>



A heartfelt thank you to abhaya SoulDears Usha Kishore Doddha, USA for spreading kindness by donating Rs 10,000/- their generosity will surely bring a smile to abhaya's face.- **Team abhaya**



We thank Ms Deepthi for her generous monthly donation to abhaya. It's inspiring to see people sharing their blessings with those in need . She's a SoulDear to abhaya . Proud to have her with us! - **Team abhaya**

సమస్యలున్నా... సేవకు విరాళం!

సమస్యలు అందరికీ ఉంటాయి... కానీ సమాధానంగా నిలబడేది మాత్రంకొందరే

నిన్న జరిగిన అభయ ఛారిటీ డిన్యూర్స్ శ్రీనివాస్ గారు వ్యక్తిగత కారణాల వల్ల హాజరు కాలేకపోయారు. సికింద్రాబాద్ హస్పిటల్లో ఉన్న వారి అత్తమ్యగారికి మేజర్ సర్జరీ జరిగిందని తెలియజేశారు.

అలాంటి పరిస్థితుల్లో, మేము వారిని “రావద్దు... అక్కడే ఉండి సాయం చేయండి” అనిచెప్పడం జరిగింది.

కానీ ఈ రోజు - అన్ని పరిస్థితుల మధ్య కూడా... సమస్యలున్నా...

సేవకోసం తమ వార్తిక విరాళాన్ని పంపించి, సేవ పట్ల తమ నిబధ్యతను మాటలకన్నా చేతలతో చాటారు.

ఇది విరాళం కాదు...

ఇది ఒక విలువ!

ఇది ఒక బాధ్యత!!

ఇది సేవా భావం!!!

ఇది నిజమైన భాగస్వామ్యం

ఇలాంటి మనుషులే సంస్థలను నిలబడేతారు, సేవను ముందుకు నడిపిస్తారు.

శ్రీనివాస్ గారికి మనస్సుపూర్తిగా ధన్యవాదాలు వారి కుటుంబ సభ్యులు కోలుకోవాలని ఆకాంక్షిస్తూ... - abhaya Foundation



Spreading Love Through Service: Charity Dinner

Heartfelt thanks to the abhaya SoulDears - Mallikarjuna, Md Ramjan, Venkatesh, Santhosh & others! At the charity dinner hosted by Venkatesh at Narsing Chats, Hyderabad on 28 Dec '25, they generously handed over annual cheques to abhaya Foundation. For a decade, these members of Humanity have contributed not just donations (over 2,00,000 pa!), but also medicines, groceries & time to serve those in need. We pray for their well-being - Team abhaya



Heartfelt Gratitude to Sudhir Gumudavelli

We're deeply thankful to Sudhir Gumudavelli from the USA for his generous donation of \$3000 to abhaya Foundation through the Benevity platform. His kindness will make a significant difference in the lives of those we serve. Thank you for the trust and support! - Team abhaya



Bharat's Triumphant Achievement: Conquering the Seven Summits of the World



Bharat Scales New Heights, Literally!

Heartfelt congratulations to abhaya SoulDear Bharat on this extraordinary feat! Having successfully scaled Mt. Vinson Massif, the highest peak in Antarctica, Bharat proudly stands on the pinnacle of achievement, having conquered the 7 Summits - the highest peaks across each continent!

With abhaya Bhavita flag waving high and the Indian tricolor flying proudly, Bharat's remarkable journey embodies the spirit of determination and resilience. Here's to many more milestones and adventures! - **Team abhaya**



The Silent Force Behind abhaya

abhaya SoulDear Srinivas is the most committed volunteer of abhaya Foundation for 2 decades. He has been personally nurtured by the founder and guided to learn computers. He started associating with abhaya with the News Letter Editorial Team one and a half decades ago. He is the man behind bringing our newsletter month after month without a break. Every month, he

spends more than 24 hours during nights and after office hours, putting his best into the pages. We have nothing to offer for his selfless work except appreciation. His publications have brought many big and small people to connect with abhaya. Awesome, he is! - **Team abhaya**

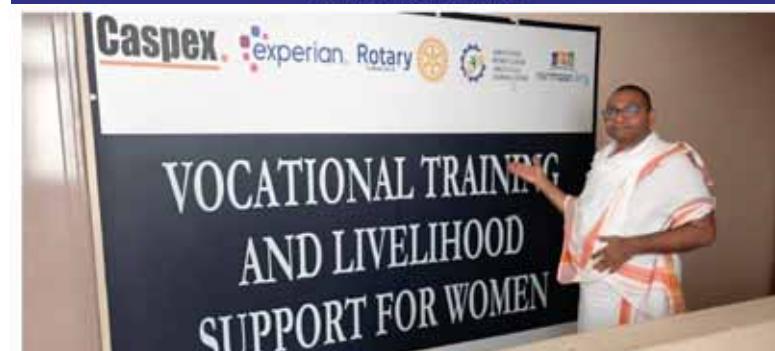


Meeting with officials of Lokbhavan, Hyderabad



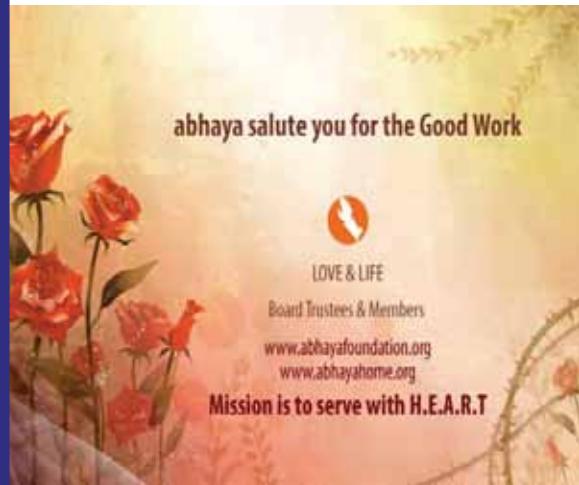
Founder had the privilege of meeting CS Rajavolu Venkata Ramana, Member of ICSI Central Council, New Delhi, and discussing CSR initiatives and the way forward. - Team abhaya

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An APPEAL to abhaya SoulDears



abhaya SoulDears!

abhaya's "Mission to Serve with H.E.A.R.T" has inspired thousands globally to join our noble cause. Over the past 19 years (since 2006), we've received kind-hearted donations from approximately 50,000 well-wishers.

Most donors respond to appeals published in our monthly newsletters, social media, and word-of-mouth campaigns. Remarkably, every appeal has received a response over the past one and a half decades, with the support continuing to this day.

We're especially grateful to 180 abhaya SoulDears who have consistently donated regularly, empathizing with our mission and values. Their monthly, quarterly, half-yearly, or yearly support has been instrumental in our growth. If each of these donors continues their monthly support, we'll have access to resources totaling approximately Rs 5.00 lakhs (+/- 20%) per month.

We've carefully compiled the data of these dedicated donors and acknowledge their contributions with heartfelt gratitude. We apologize if any names have been inadvertently missed.

With three abhaya campuses in Hyderabad, Anantapuram, and Bengaluru, we're serving those in need. We've consistently responded to every challenge, pooling funds to support affected communities. As an NGO, resources are essential for our operations.

We kindly request all well-wishers to consider a monthly donation of Rs. 1,000 or multiples thereof, supporting our good work and enabling us to meet growing expenses. A monthly donation of Rs. 10 lakhs would greatly help us stand firm.

Thank you for your continued support. - **Balachandra, Founder, abhaya Foundation**



Donor Name	Donation
Shantha Vasantha Trust	40000
CA Narayana Rangaiah Sunku	20000
KV Ramakrishna	16500
Gondi Nagesh Kumar	16500
CS Balachandra Sunku	15000
P Siva Rama Prasad Memorial Charitable Trust	15000
Nagabhushana BG	13000
Ramesh Gelli Foundation	13000
K S V Siva Krishna	12500
CMA Kiran Kumar Sunku	12500
G L Rajamani	10000
Sunil Kumar Vallabhaneni	10000
Raghu Babu Gunturu	10000
New Continental Chemical Earth	10000
MKR Educational Society	8500
Balla Praveen Kumar	8500
Chandra Sekhar Rao Y	8500
A Mohan Gupta	8500
Anagha Surface Transport Pvt Ltd	8500
Rammohan Rao Mendum	8500
K Uday Rakesh	8000
V Lohit	8000
Harikrishnan AB	7500
Raja Shilpa Penugonda	5000
Sudershan Pallap	5000
Raga Naresh	5000

Donor Name	Donation
Pulavarthy Srinivasa Mani	5000
AGR Corporate Consultants LLP	5000
CA Sri Rama Chandra Murthy Ambaru	5000
Kothamasu Udaya Krishna	5000
Sujan Ranjan Rao	5000
Rupam Lal Das	5000
CMA Venkata Ravi Kumar V	5000
Thammineni Bharath	5000
CS DVM Gopal	5000
Bharathi Gondi	4500
Ashray KN	4000
Trivikrama Rajesh Samudrala	3500
Murthy Gunuputi	3000
CS Tanniru Sriram	3000
SV Shiva Prasad	3000
Sree Kumar Narayana	3000
Sri Rameshwara Associates	2500
Panduranga Rao Bommasani	2500
CA AV Sathish Kumar	2500
M S Srinivasan	2500
B Gnana Ashwitha	2500
Pendekanti Santha	2500
Subhash Reddy Sangam	2500
Bondada Srinivas	2500
CA Ranjith Kumar D	2500
CS Konda Sateesh Gupta	2500

Donor Name	Donation
Ghanshyam Dass	2500
Kanarlaparti Sandesh	2250
Rajeswari Kosuri	2250
Tulluri Kokila	2000
Gelivi Swapna	2000
Chilamakuru Dileep	2000
CS Nagaraj Kumar Annabattula	2000
Dr. P Thirumalesh	2000
Sushma Bhonagiri	2000
Lakshmi Venkateswara Industries	2000
CS Shujath Bin Ali	2000
Kanarlaparti Rama Krishna	2000
N S Swaroop	2000
Dr K Narasimha Rao	2000
Soma Sekhar.G	2000
Dr. Kotturu Sailatha	2000
Syslex Law Firm	2000
Vidya Sagar Gubba	2000
A. Dattatreylu	2000
Salla Dedeepya Reddy	2000
Sai Sarada Sattari	2000
CS Madineedi Adinarayana	1750
Roshan Kumar Agrawal	1750
Mantha Venkat Rao	1600
Sirumalla Krishna Mohan	1500
Vankayalapati Satish Kumar	1500
Kashyap Harshad Choksi	1500
CA Sanka Narayana Murthy	1500
CS Sridevi Madati	1500
CS Muralidhar Rao	1500

Donor Name	Donation
Hyprloc Design Thinking LLP	1500
Mahesh Manga	1500
P S S & CO	1500
Siva Subramaniayam	1456
CA Yadavalli Sai Karunakar	1300
CS KVS Subramanyam	1300
Nagamalleswara Sarma Pisupati	1300
CS Adi Reddy	1250
CS Nithya Kalyani M	1250
Satrasala Abhisesh	1250
Boya Raghavendra Raju	1250
Dummu Netaji	1250
Sunku Omkar Sai	1250
CA Ganesh Guruswamy	1250
Ch N Krishna Chaitanya	1200
Gundavarapu Venkata Suresh Kumar	1200
K Chandrasekhar	1200
Sunku Balamurali Krishna	1000
Sai Jahnavi	1000
Gayatri Murthy	1000
CS B Kiran Kumar Gupta	1000
Chowdavarupu Chandra Mohan	1000
Lakshmi Pravallika Sagala	1000
CA Pothuganti Radha Krishna	1000
Renukuntla Namashivaya	1000
G. Ramanamma	1000
Rachamadugu Sreehari (SVS Credits)	1000
Kota Marketing	1000
Dr. Ajay S S	1000
Surabhi Chaitanya	1000

Donor Name	Donation
Ch Raval	1000
Chigulla Sudheer Kumar	1000
Kalva Deepthi	1000
Sasidhar Thiriveedhi	1000
Kasukurthy Lakshmi Parvathi	1000
CS Kiran Kumar Bodla	1000
Tadiboyina Suresh Babu	1000
K Rajani	1000
Shashidhar N	1000
V Suhasini	1000
Amara Sai Kishore	1000
Savithri Penumarthy	1000
CA Jitendra Kumar Somani	1000
Apeksha Arvind Jain	1000
B Saipranathi	1000
Eluri Sivas Chandra	1000
Jineshwar Kumar Sankhala	1000
Saandip Batchu	1000
Sakethan Reddy Kotta	1000
CS Mohit Gurjar	1000
CA KVS Ram Mohan Gupta	1000
CA Padarthi Rajeswara Rao	850
P S Prabhakar	850
Nagendra Babu N V	800
CA Lakshmi Prasad Gowra	800
CS M B Suneel	800
M Srinivas Rao	800
Mandalaparthi Raghu	800
Rachamadugu Saicharan	800
Raj Kothamasu	800
Ramaprasad Sunku	800
S Bheemaiah	800
S Ramalingaiah	800

Donor Name	Donation
Surapaneni Chakradhar	800
T Ananthashayana	800
CS Vikas Sirohiya	800
Sadhu Anjaneyulu	800
Santha Leelavathi	800
Venkata Praneeth Gadhamsetty	800
Arelli Aruna Prabhanjan	750
G Srinivasulu	750
Konduri Mallikarjuna	700
Kodukula Viswanath	650
V. Ravi	650
N Bhanu Prakash	650
EJP Prasad	500
Rajesh Chitrala	500
Grandhi Naga Bangara Vyshnavi	500
Nandala Sriramulu	500
Rithika Saai V Manda	500
Shiva Prasad Bodla	500
Duba Vara Lakshmi	500
T Shivaram Prasad	500
S Venkata Raghunandan	500
Sana Sridhar	500
Kiran Kumar Gunda	500
Kanneganti Siva Rama Krishna Prasad	500
CMA Susarla Nagendra Kumar	500
Uppuganti Bharath	500
Shirdhish Chakravarthi B	500
Yenumula Ramireddy	500
Nandagiri Sudha Parimala	400
Parashara Kandula	400
Gogikar Rajender Prakash	300
Tallapragada Venkata Sundaram	300

96. అ.వె॥ అనవాలు లక్ష్మీ యంగట్టే సామ్యుకు ;
అమ్మ - కొనగ జెల్లు నంతరంకే ॥
శాంతి సౌఖ్యములకు శారదే సాధనం ,
విశుర బాల చంద్ర వినయ సాంద్ర ॥

భావం : లక్ష్మీ కేవలము మారకపు వస్తువే,
కాని నరస్తుతి సకల సుఖసంపదిలకు స్పృష్టి
కారణము.

86

97. అ.వె॥ రక్తము చెముటిన రాశి నొందు ధనము ,
చెముట రక్తమైతే చెడును మేము ॥
వాడ నేర్చు లేని వనరెల్ల నరకమే ,
విశుర బాలచంద్ర వినయ సాంద్ర ॥

భావం : శ్రీమత్లు రక్తము చెముటగా
మారుతుంది! వాత్యలతో చెముట
రక్తమౌతుంది. మంచి, చెడుల ఫలితాలు
మనము అచలించే కర్మలమైనే ఆధారపడి
వున్నాయి.

Important for abhaya Donors

As per the new amendments in FCRA act, **abhaya** has opened a new current account at
SBI, New Delhi branch for Foreign Contributions.

All **Indian Donations** must be through **Axis Bank / State Bank of India**

Please do not deposit / transfer Indian Donations in / to State Bank, FCRA Account

Quote Name, Nationality, Phone, Address, E-Mail & PAN while sending contributions



Beneficiary : abhaya FOUNDATION abhaya FOUNDATION
(General)

Account No : 33292038898 **910010042902046**

MICR Code : 500002074 **500211002**

IFS Code : SBIN0004155 **UTIB0000008**

Bank : State Bank of India **AXIS Bank Ltd**

Address : Plot No. 1272 **6-3-879/9/B, 1Floor**

Road No. 63A **G. Pulla Reddy Bldg**

SPL PBB, Jubilee Hills Green Lands

Hyderabad

Begumpet Road

Hvderabad - 500016

**abhaya FOUNDATION
(Corpus)**

920010070298534

500211002

UTIB0000008

AXIS Bank Ltd

6-3-879/9/B, I Floor

G. Pulla Reddy Bldg

Green Lands

Begumpet Road

Hvderabad - 500016

**abhaya Home of
Happiness**

912010024839320

500211002

UTIB0000008

AXIS Bank Ltd

6-3-879/9/B, I Floor

G. Pulla Reddy Bldg

Green Lands

Begumpet Road

**abhaya FOUNDATION
FCRA Account**

40101299440

**Swift Code:
SBININBB104**

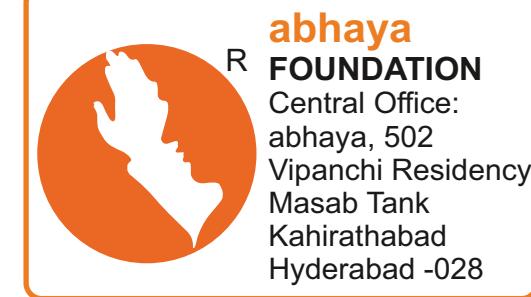
SBIN0000691

State Bank of India

FCRA Cell, SBI

New Delhi Main Brach,

II Sansad Marg



**Foreign
Donors**



State Bank of India