



Bhavita & Breathing Bharat – Outreach and Awareness Programs

On 4th February 2026, a series of impactful outreach programs were conducted under the Bhavita & Breathing Bharat initiative at four TGRS & Junior Colleges—Choutuppal, Ramannapet, and Sarvail (School and College sections)—along with a visit to the Tailoring Centre at Lingoji Guda near Choutuppal. The objective was to create awareness, provide motivation, and guide students and trainees towards safety, academic excellence, and holistic personal development.

At Choutuppal and Ramannapet, a one-and-a-half-hour abhaya–Bhavita session focused on girl child safety. Swamiji sensitized students on personal safety, sharing nearly 25 practical safety instructions and empowering them to respond confidently to challenging situations. The sessions emphasized awareness, self-reliance, and confidence among girl students.

At TGR Junior College, Sarvail, a motivational session guided Intermediate students on stress-free academic success through effective time management, concentration, memory enhancement, and presentation skills, encouraging them to aspire for premier institutions like IITs and NEET colleges.

At TGR School, Sarvail, Swamiji inspired students by explaining the true meaning of “STUDENT,” supported by stories of national leaders, instilling values of patriotism, discipline, hard work, and goal setting.

The visit concluded at the Lingoji Guda Tailoring Centre, where learners were motivated towards punctuality, sincerity, humility, and skill-based self-reliance.

Overall, the programs were highly impactful, instilling confidence, discipline, safety awareness, and a strong vision for a self-reliant and responsible future generation. - Surabhi Chaitanya, Principal, TGRSJC, Coordinator, Bhavita Out Reach