



abhaya FOUNDATION an assurance for no fear...

# abhaya News update



Most beloved abhayans!!

### Good day and Greetings.

With all your kind hearted support and empathy... abhaya is able to do marvelous & miraculous work! We believe that it is RIGHT to give back to those... who gave us so much and help to further to grow like humans in community...

> This news letter in your mail box is the result of great support you have extended! Please be considerate to realize that Reading is... knowing Seeing is... believing Giving is... gaining Caring is...loving

But you never know this until you go through this news update... Request everyone to spare their time to read it with love n care! let our kindness be shown in being aware of what is happening... with your support & empathy

LOVE & LIFE for the Country



an assurance for no fear...

# ABHAYA HUNT THE WINTER ... an update

## **Bangalorians inspired everyone**

Dear ISO friends, warm greetings to all.

As an ISO of IW B'lore, South West, I have taken the initiative of helping Poor and needy by joining hands with Abhaya Foundation's Campaign of "HUNT THE WINTER" which is for a good cause and easy to Implement by encouraging all people to participate and do this service project jointly.

Financi implications for individuals are very small and everybody can be part of this project even with small contribution. I will be coordinating with Abhaya for this project in and around Bangalore. For any further clarifications, pl feel free to contact me. Details of this project enclosed herewith for your ready reference.





**Sri Dayanand,** Hema Silks, Bangalore very kindly added value to abhaya blankets by printing the abhaya logo on them. Abhaya thank him and his staff for such good work.

#### - S. Savitha Hariprasad, Bangalore.

This call from Ms. Savitha Hariprasad inspired many like minded people in Bangalore and all of them together mobilised resorces for 200 blankets (156 Blankets: Inner Wheel Club of B'lore South West, 48 Blankets: Savitha Hariprasad & Friends). This is the power of doing good work. Thanks to Savitha and her friends at INNER WHEELS CLUB.

Further Bangalore teams lead by CS.Thirupal, CS. Sandhya, Ms. Sudha and others successfully mobilised resorces for more than 100 blankets. Abhaya express its gratitude to the following kind hearted supporters for **HUNT THE WINTER Project**.

23 Blankets: CS.Sandhya & family
20 Blankets: N.Srikanth
10 Blankets: N.Varalakshmi Murari
10 Blankets: I. Kishore Kumar
10 Blankets: SN Ragaiah
10 Blankets; Varalakshmi Murari
10 Blankets: A.Vani Sridhar
5 Blankets: Ramakrishna Kamat
5 Blankets: Sudha Sathish & Friends
5 Blankets: Mukesh
5 Blankets: CS.Thirupal

CS. Thirupal & Ramakrishna, Bangalore Kamat along with few of their friends took scores of blankets in their vehicles and started after 11pm in the night. They could find the most needy people on the roads/out skirts to provide the warm blankets. These members really given inspiration to many like minded people in Bangalore to take up such good work. **- abhaya team** 



## HUNT THE WINTER Project : An update from Hyderabad

As part of abhaya Hunt the Winter Project GET team visited Vivekanada Vikasa Kendra (VVK), BN Reddy Nagar, Hyderabad. Nishanth Shouri, Trustee of abhaya lead the team and he is happy to share his experience as under with the abhayans.

The experience was awesome. The interactions were very helpful for the inmates of the VVK as well as for us.

Mr. Balasubramaniam, Secretary was present there during our visit. It was a great time for all of us spending about 3 hours time by the team.

GET Member, Bhargav explained about what Abhaya is and what are the HEART initiatives. While this is on other GET Members Srikanth and Sindhu interacted with the Secretary and the Manager, Mr. Babu Rao.

We conducted few games for the children. There was very huge participation from them. The chess

coins assembling, the dart game... made them to enjoy their time. We gave books as gifts for those who were winners.

We distributed the career Path sheet and pens to all the inmates. GET Member Siva Krishna talked about the career path to all the students. We distributed sweets. While all this was going on, we asked the Senior Students to give their feedback, Vision and the background enabling the team to understand their needs clearly.

Mr. Babu rao took the team for a round of total campus to show the rooms where the students live enabling us to be aware of the facility. After the team assembled, we distributed the blankets to every student We on behalf of abhaya thanked each and every student and also the management for providing such a wonderful opportunity of being some support to them.

- Er. Nishanth Shouri, Trustee.



The resources pertaining to this cause has been given by CS.PS Rao, Company Secretary, Hyderabad in memory of his late parents. Abhaya thank him for his kind hearted support.

## HUNT THE WINTER Project : An update from Chennai

I am grateful to you for showing a path to make my life meaningful. I would like to convey my hearty wishes for initiating such a foundation for a good cause. All the best. **- Sindhu.M,** Infosys, Chennai

waiting for the response from some of my friends as well. As soon as I get the details I will inform you **- Keerthi,** Infosys, Chennai.

I transferred Rs.500/- for Hunt the Winter. You can send the receipts to my address. Am

**Savitha Hariprasad** from Bangalore pooled 12 Blankets from Jayanth and Sheetal, Chennai)

# How about you?

being part of the Mission... We have mobilised 500 + blankets now... Abhaya would be happy to have your kind hearted support for



Let us make MISSION 1000 blankets



# GET abhaya to GIVE Visit to KIDS Care Centers in Hyderabad... a learning experience for the team



### 21.11.2010: 9.30 AM: Sri Sai Seva Sangh, Moosapet:



There were around 30 little girls. All of them are orphans. There were 6 old ladies. These kids are being sent to Sai Vidya Vihar School in the same campus. There was one common Kitchen and one lady takes care of the entire cooking, Lunch Boxes, etc.,

We first made children to play some games like arranging the chess coins in limited time, puzzle games, dart games etc. Later made every to introduce themselves in a proper way. Then spoke to them about their goals in life. We distributed the Career path finder leaflets and explained them in detail. Bhargav and Shiva Krishna spoke to them all about the personality development as well as study techniques.

Sushma explained them the importance of serving people in our society while transforming themselves into good citizens. Same time explained, about Abhaya foundation. After distributing pens, key chains and sweets, thanking every one of them, we left the place. They were preparing for dances for swami's birthday celebrations. We spent 2 hours of time here.

### 11.30 AM: Sri Satya Sai Krupa, Bharatnagar:



By the time we reached there, all the children were neatly dressed and were sitting in order singing bhajans. We spoke to Vijaya Lakshmi madam. They received us very nicely. They said that it will be very great and motivation for them if abhaya Founder visit and speaks to them for an hour at least every month.

After the bhajans, they celebrated birthdays of few boys, they gave us the opportunity to interact with the children. Lakshmi Narayana took the opportunity of giving Harathi and

they offered us the cake. We handled the session with games, fun, counseling etc., There were around 40 boys. They said they recently shifted to their own new building from the old rented one nearby. The building looked very neat and specious. It was a 3 floor building and they showed us very nicely the entire building. There was a proper arrangement of their belongings, beds, baskets and books.

Vijaya Lakshmi Madam said that she knows about abhaya foundation. But today she understood what it is doing seeing with her eyes such powerful youngsters. She said she felt very happy for our visit and also informed us to tell the Founder that she is angry because he is not coming to their place since they moved to their new building.

### 3 PM: SOS Children's Village, BHEL:

The place looked entirely different from the previous two places. As it looked, so was the concept.... Family Based Concept! Vijayasree Madam received us very well seeing our t shirts of Abhaya. She spoke high about the abhaya Founder. She explained us everything very clearly and answered all our questions very patiently.



#### The facility and concept: 4.5 acres of land is covered

with 12 family houses, office rooms, library ,music room, computer lab, table tennis room, community hall etc. Every 10 children were taken care by a SOS Mother (trained by SOS) in their own individual family house. The families are just like every other family next door. There was no concept called orphanage here. The infrastructure and the construction were very Hi-Fi. The children were given all the facilities.

Every house has a Computer, TV and DVD player, Refrigerator, Kitchen, Chairs, Cots, Decorations, Garden, and Kitchen Garden and so on. We visited all the 12 houses, distributed pens and sweets to the children. We observed the mothers treat the children their own. The concept was very different, interesting and amazing. They all meet for a prayer session daily at the community hall. Children play in the spacious lawn at their free time. They have tuitions in their own houses.

SOS villages are present in 133 places around the world. In our state there are villages already at Hyderabad and Vishakhapatnam, new one is going to start at Tirupathi. They told us to inform abhaya about SOS at Thirupathi.

Vijayasree Madam remembered founder's powerful speeches and informed us they will deeply go into the hearts of the kids and it will be very effective. She asked about the activities done by Abhaya foundation and appreciated us. She said it's all her pleasure that abhaya's Founder still remember them and sent us there.



# **GET met Engineering Students wishing to join abhaya**

Aarohan was a national level youth fest in 5 different Engineering colleges of Hyderabad, where abhaya was a social partner. "GET abhaya to GIVE" formed a team and visited the colleges for a week. They have conducted games and the proceeds of which being forwarded as donations to abhaya during the month of Oct'10. Here is a brief report by GET team about what happened thereafter.

GET got a total of 600 volunteers registrations and in that we found 200 were genuine. We gave an sms to all of them to give their confirmation, out of which 20 people confirmed. We informed them to meet us for the intro session at 9.30 am at abhaya. Guess what? We just have 3 members for the meeting out of 600.



We had a wonderful session that day. In all there were around 15 people for the meeting. New members were Krishna, Venugopal, Rahul from aarohan. Pragnya along with komala, Sindhu priya joined us..Charan, Anusha with her father, Srikanth sir with family attended.

### Following were highlights of the meeting:

- Intention of the meeting, why was it planned and objective was discussed. (to add values in individuals, transformation, and ways forward to see a better country, to join us in the process, because if all such like minded people work together we can achieve anything.)
- Saw the stories , projects and videos of abhaya. Saw how people transformed with support of abhaya.
- Saw the feedbacks of various persons on november 1st annual meeting of abhaya.
- Introduction of each and every one to others by themselves.
- Discussed the story of AAROHAN.Charan from STED who conducted it was present for the meeting.
- Watched some inspirational videos.
- Discussed the personal feelings and thoughts of everybody there on how should we be part of goodwork and how should we feel it as our pain when we see the the pain of fellow beings and how should we help them
- Mukundh and Lavanya (8th standard, twins, Children of Srikanth sir, wipro.ref: mission - santosh) celebrated their birthday amongst us. They gave donation to abhaya instead of spending on their cake.They were treated the special guests of the day.Children looked very inspiring to us.Abhaya gave them silver coins as token of



respect and love for the good decision. We all sang the birthday song for them.



Anusha ,a bright student who maintained a track record all through her education, presently working at a good company with a very good package , gave many valuable tips on studies and preperation for exams .She lost her husband at very young age , just after 6 months after her marriage.We prayed God to give her strength.

- Showed and explained my Dream project... which i will let u know soon.
- Discussed the code of conduct and duties as a volunteer of abhaya...which will be discussed in further meetings too.
- Listened to story of Pragnya (friend of komala, daughter of Adinarayana sir)
- Concluded the meeting thanking all of them and watching few more videos of good work and team work and asking thew ones to give their confirmation to me if they like to join us.

### **FEED BACK**

It was very nice to meet GET abhaya team. What impressed me is that you are so active and of course you are the right people to guide and I guess all of you are at a very young age trying to make a difference... one interesting thing in this organization is that we ourselves going to have a plan and implement it to show the world that engineering students not only enjoy and study they can also help others to have joy who couldn't smile.

I promise you that soon we are going to come with cracking ideas which are going to shake the world and give solace to the needy brothers and sisters. **- Rahul,** III BE, Hyderabad.

This is **S. Venu Gopal**, I really liked your activities for bringing a world with a difference. I would like to join abhaya in it way towards building a nation with a difference with my thoughts...

Today's introduction session for new faces of abhaya is very good. Though we haven't reached the expected count, I feel we found the right candidates, who are with zeal and passion towards working for the society.

Special thanks to Brother Srikanth and Family, the gesture shown by the twin kids by donating their birthday amount is appreciable gesture... **Sivakrishna**, MCA.

I wish to convey my thoughts to abhaya. Please don't think that I am not participating in any events or not responding well for the events. Please give me time till December because now I am not able to involve in activities due to the issues at my end in life. I am promising you that from next year onwards I will have active participation in abhaya activities and give my best service to abhaya...Once again thanks for your moral support and prayers. **– Anusha Jalaadi,** BE

# "HEART" Health Care Update

### **Mission Santosh - an update**

Dr. Suresh Nair MCh (Neurosurgery), Professor & Head of Neurosurgery Sree Chitra Tirunal Institute for Medical Sciences and Technology Trivandrum 695011



Dear Mr. Srikanth,

I went through the medical report of Mr.Santosh who has a deep seated thalamic basal ganglionic arter-venous malformation. We

cannot give definite opinion regarding further management until we see all the images including angiogram films. It will be better if one of the relatives come here with all the radiological and clinical details. We will discuss this case with our cerebrovascular team and let them know what best can be offered. We will call the patient later only if we can offer any treatment.

### Dr. Suresh Nair MCh (Neurosurgery) - (10.11.10)

#### Dear Dr. Suresh!

First of all, a very big thanks for responding back to by email despite your busy schedules at the Hospital. We really appreciate it. I understand your reply and the contents there in. I will arrange for either myself or Mr. Prasad to travel with all the relevant documents/ CD for a personal visit to your office at Trivendrum.

Please let me know on what dates/days will you or anyone who might look into this case is available, so that we can plan to book our train tickets.

### With warm regards

### Srikanth Natarajan, WIPRO – Hyd. (11.11.10)

Santosh's father travelled to Trivendrum with an appointment with Dr. Suresh at Sree Chitra on November 25th . He met Dr. Girish there, here is a brief summary:

- The doctors team reviewed all documents / films / CD's
- They recommend embolization for reducing the AVM size, before going in for a radio-surgery
- Patient needs to be seen in person and they will do the registration
- then advise on approximate cost and give a date for surgery –
- lead time is about 3 months due to very limited Neuro ICU beds (something like NIMHANS)
- Do the embolization, review and then follow up.
- Working on booking the tickets now. (29.11.10)

### Need: Rs. 1,00,000/-

### Abhaya CS Students help Tualsi Narayana Reddy:

Tulasi Narayana Reddy (12 years) hailing from the same village of our CS Students who joined Digvijay for special coaching a month ago. This boy is otherwise able fellow and suffering from profound hearing problem (90%). His father is a poor farmer near a village of Jammalamdudugu. Since last 8 years or so he was struggling to bring up this boy in life. He admitted him at Thirupathi Special School.



Now in expectation of Cochlear Implant Surgery under AP Government Aarogya Sree Scheme.

They do not what to do. CS friends very kindly provided him shelter at their room and brought them to abhaya. After carefully considering all the facts...abhaya spoke to Dr.Rambabau, Apollo, Hyderabad and explained the matter. He very kindly consented to see them next day.

- Tulasi Narayana Reddy visited Apollo, Hyderabad.
- He has been prescribed all the necessary tests.
- Advised to clear the screening test for getting operated.
- For which Doctors suggested the present hearing aid need to be changed.
- The cost of these new ones are about Rs.21,000/-
- They do not have any money left in hands.
- ♦ CS Students brought in their savings of Rs.2,000/-
- Father brought in Rs.6,000/- which is the sale proceeds of crop at the village.
- Abhaya pooled the fund and provided the money to buy new digital hearing aids.
- Now this boy has been again brought to Apollo after 15 days.
- The screening test is being done.
- Very soon this boy would have ability to hear like a normal person after cochlear implant surgery.

Thanks to abhaya CS Students team for their wonderful empathy for Tulasi...and bringing them to abhaya seeking the support...this is how good work would happen in the society – abhaya team.



This surgery is covered under Arogyasree Scheme of AP.



### **Mission Glory - an update**

Little Glory who is suffering from profound mental disorder since birth is able to get some order in her life as father got a job at SWEEKAR Rehabilitation Center at Kompally, Hyderabad. Abhaya spent about Rs.40,000/- till now to settle this family. Smt Sarasawathy, a house wife along with her friends at Anandanagar assured them with monthly provisions for next couple of months with a cost of Rs.750/- (10kg Rice, 1kg dal, 1kg oil, 1kg sugar and other items). Abhaya is trying hard to give about Rs.3, 000/- PM towards purchase of medicines for the little Glory. Her mother also now being employed by SWEEKAR Center. Abhaya would gratefully acknowledge the support of kind hearted people in the said regard to meet the expenses relating to medicines.



### Need: Rs. 3,000/- per month

### **Mission Pardhu...** in the process of miraculous recovery!

Parthasaradhi is very positively responding for the treatment. He is able to move his chest, slowly trying to hold articles with hands, trying to support the people when they tried to help him to lift...

Ms. Mrudula Pardhu is very passionately trying to revive him with all her abilities. She being a lady and do not have any one to care her husband at home struggling to struck a balance between home, son, husband and college!

Abhaya stood by her side with all the moral support and little financial support. We are very hopeful of getting Pardhu to normal life in the soonest possible opportunity.

Mrudula now need a good young fellow to take care of Pardhu during the day when she is out for college and further she is in need of Rs.5,000/- per month to meet the expenditure relating to his treatment...abhaya request the well wishers to respond for this need.

- abhaya team

### Need: **Rs. 5,000/-** per month

### Mission Jayaram... he says abhaya is GOD & his future:

About 20 years back...when Jayaram was working in Konkan Railways construction sites in the mountains... when someone blasted the rocks, accidentally he was crushed under loads of stones and mud. 4 trucks of mud covered him and it took almost 2 days to bring him out. His back was severely damaged, it was beyond rapire. Since then he was laid on bed, he did not see the sun in the sky.

This story appeared in TIMES of India, Bangalore couple of years back...lot of help came to him, but it was never enough for him to have lifelong treatment. Subash Chhabria, an young Industrialist thought that he must do something to him and very innovatively he purchased a Colour TV & DVD for him so as to make to him to connect to the world around.

Later, he approached abhaya to assist Mission Jayaram in getting an electric chair to him to roam around in the village on his own. The cost was Rs.70,000/-. Abhaya readily provided Rs.35,000/- for the same during last year. He is now seeing the people. Very positive in nature.

Since then he is continuous touch with abhaya by SMS...every day he sents SMS saying "abhaya is GOD & his future. We understand that he is need of monthly expenses to the tune of Rs.15,000/- abhaya promised to provide Rs.7,500/- listening to this Subhash came forward to provide Rs.2,500/- PM. Now the need is Rs.5,000/- PM for meeting the medical expenses and checkups.



### Need: Rs. 5,000/- per month

### Mission Sofiya - accomplished: Glory is back to Little GLORY

We are happy to inform you that Sofiya Glory is doing well and recovering fast after operation and we will be able to discharge her in couple of days from now. After discharge we have advised her to stay in hospital annex for one month.

Regarding the billing: Please note that her mother's discharge bill came around Rs. 57,000/- the family deposited Rs.20,000/- and we had transferred Rs.37000/- from Sofiya's account and settled the bill. At present in Sofiya's account we have Rs.1,25,000/- Sofiya's present approximate bill is Rs.1,65,000/- So we need approximately Rs. 50,000 in order to discharge Sofiya. Further have to pay Rs.300/- per day for the room in the annex. Hospital

will provide 10% concession for the annex charges. We request you to kindly request your team to contribute the amount required.

- **Bijo T Jose,** Medico Social Worker, Children's Kidney Care Centre, Dept. of Pediatrics, St. John's Medical College Hospital

Abhaya is inspired to have people like CS. Thirupal who stood like a rock besides little Sofiya Glory and family in bringing her lost glory to life. Abhaya thank CS. Thirupal for his kind hearted support in bringing a meaningful closer for Mission Sofiya.

Need: Rs. 25,000/- at the time of discharge





# WILL to LIVE... Live to withstand against all odds in LIFE...

## A real story of Raghavendra (B.Com) Peddapally, Karimngar Dist, AP Poor family back ground... rich heart to live like a good human being!

**2006:** Diagnosed as Spondyloarthropathy (SPA) with Peripheral Arthritis at the age of 20 years!

**Effect:** Severe pain in hip joints/ swelling in knees...unable to walk due to stiffness across all the joints!

He stopped going out...poor father spent all his savings to the tune of Rs. 1,00,000/- for treatment.

**2007:** Diagnosed as SPA, Ankolosing Spndylytis(AS) with Peripheral Monoarthritis... polyarthritis!

Effect: unable to walk even with the support of two people.

Family spent Rs.1,00,000/- for treatment and visited NIMS, Hyderabad.

**Prescription:** Biological Infliximab Therapy injection course for 1 year( one injection for 2 months)

One injection cost is Rs.1,20,000/- .

Entire family spent Rs.1,00,000/- by pooling all types of resources!

Seeing their fate NIMS arranged for 2nd injection on humanitarian grounds without burdening the family

Dr. Liza Rajasekhar, Asst Professor went one step ahead and arranged for 30% discount for 3rd one.

**Effect:** they reduced the pain to a large extent...he was able to walk with the support of stick.

### 2008: Diagnosed Bil Osteoarthritis Hip

March: NIMS suggested for hip replacement surgery

Surgery was done with a cost of Rs.2,00,000/-

Source was CM Relief Fund...

**November:** He was in auto from Railway station trying to reach NIMS for 2nd Hip replacement!

The auto driver hit the divider near begumpet...

Effect: the second hip was completely discarded!

He could recover with this tragedy after spending Rs.1,60,000/-  $\,$ 

**Source:** donations received from the Staff, Management and Students of University of Hyderabad where his brother Venkat is pursuing M.Sc.,

With all these things... they could not afford prescribed injections!!! For full course



NIMS : Suggested afresh injection course.

Humanitarian help to the tune of Rs.1,20,000/- came to the family Source: Hindu, Sakshi, Eenadu etc., from Print Media & Vanitha TV from electronic media Since 2006 beloved Raghavendra is on the bed...not walking...

But he did not loose his heart... very positively he is talking and taking the decisions!

### 2010: Abhaya wish to stand beside them

The need for the family is about Rs.5,00,000/-Every one of you can be part of this MISSION Raghava Raghupathy Raghava Rajaa Raam... Patheetha Pavan Seetha Raam Let us see lord Raghu Rama here in Raghava!

### Think what all we can do for this fellow being... who had WILL to LIVE and wish to lead a normal life





### If you want to save someone who is in need of blood... it is very easy to infuse life with our blood



- Someone sends you SMS asking for blood donation.
- Instead of forwarding it, take a call to donate blood yourself if your blood group matches.
- You don't have to enquire how rich or poor the patient is.
- Simply go to the blood bank in the hospital take their reference and silently give your blood.
- Don't forget to chant God's name while giving blood for the well being of the person who is suffering.
- It all just a matter of 30 minutes you would be giving 300ml. fresh blood from your body.
- Express your gratitude to the attenders of the patient for the opportunity given.
- You will be served refreshments by the hospital.
- See how easy to infuse life into someone who is in need.

## abhaya logo being given "Trade Mark"

Abhaya FOUNDATION "Abhaya", 6-3-609/140/1, Anandanagar, Khairathabad, Hyderabad - 500004

Dear sir,

**SUB:** Registration of Logo/Service Marks under T.Marks Act, 1999 of "ABHAYA foundation" & Logo. - Reg.,

Kindly refer to the filing of subject matter trademark applications before the Trademark Registry, Chennai. Your application was taken on file and priority

numbers have been allotted as following: 1.T.M.A.No. 2044933

2.T.M.A.No. 2044934 in class-42.

The above numbers are for future correspondence only and shall not be mistaken as if the applications are accepted or registered. The applications shall be processed further for Examination.

We shall revert to you as and when we receive any communication/s in this regard. Kindly note: Please put a (TM) sign to the right side top corner for the subject marks to indicate that the marks are in the process of registration.

RR

## abhaya thank SYSLEX Law Firm



abhaya FOUNDATION an assurance for no fear...

# "HEART" Edu Care Update

D.Ajay Kumar joined Joginapalley BR Engineering College in EEE Branch. Abhaya provided him Rs.41, 000/- for the tuition and college fees. He scored 497/600 marks in SSC and 875/1000 in Intermediate, due to low rank he could not get admission in city colleges...his passion to become IIT was snubbed due to the said result. His well wishers brought him to abhaya. He is from Kodad and he joined in the private hostel in Nizampet. He is confident that to have focus on his Engineering and stand in top 10 in the class to have continued support from abhaya.



I would like to inform you that as per your advice in the month of November'10. I met Sri Kismath Kumar, Director, AP Juvenile Homes, Hyderabad and I got job as a supervisor at their hostel near Saidabad, though it is too far to go, I joined them on 09/10/10. In the morning or evening I am trying to go for some coaching, but there is no time to go. Considering my difficulty they gave me the supervisor post at Head office, Nampally. I joined the job on 11/10/10, Now I am very happy that the colleagues are well understanding my problem and

guiding me, I am slowly improving my experience and s k i I I s . -A.SATYASRINIV AS, B-Tech(CSE) Abhaya caringly provided books to Mahesh, who is preparing for CIVIL Services with the support of abhaya. He very cautiously spends resources for everything. Right now abhaya has provided Rs.5,000/- for his needs. Though he is facing crisis in his family, he is preparing for Civil Services. Recently he has written entrance to for AP Study Circle with an expectation to get entry in to Government Hostel for preparation and facilities. He is confident that the environment over there

is going to be very conducive for Civils aspirants.

I felt very happy reading your reply. I realized now why mummy keeps on telling us to utilize the opportunities as she provided. She used to wake me early morning around 4.30AM to send for coaching centre for Math and Science and Cricket coaching to Dev at Gemkhana grounds she struggled for 2 years. But we were just average all the time. I feel so bad now.

I was inspired a lot interacting with abhaya and realized that nothing is impossible in life. I told mummy about my mail to you and reply from you about coaching for Physics and Chemistry, she can afford Rs.1000/-PM. If possible Please send someone who can teach me and I assure you that I would make use of the opportunity for preparing for EAMCET. – Vinita D/o Rajyalakshmi, Hyderabad

I am feeling great to share my ideas with abhaya. I am very sorry for not coming to abhaya thank giving function on 1st November. I have to visit the hospital with my sister. My studies are going smoothly and my assignments are going on. Now I am preparing well for my exams. I have nice friend circle. I am well preparing for my forth comeing examination and more over I don't have any problem about my studies. 20th onwards my mid examinations will be on and I will give my best in the examinations. -

Naveen Reddy, I BE, MLRIT.



### Collector of Anantapur to visit Abhaya VIGNAN School, Yerragunta



CS.Ramakrishna Gupta.R, Chairman of abhaya Vignan School & R.Nagabushanam Community Center, Yerragunta visited Dr.Janardhana Reddy IAS, the Collector of Anantapur and briefed him about abhaya and its works. The Collector spent about 30 minutes time with the team lead by CS.Ramakrishna in understanding the work.

When the team from Yerragunta abhaya Vignan School explained him about the concept of establishing the school and community center, he felt very happy and congratulated the team. abhaya invited him to formally dedicate the facilities at the village for the benefit of the community. He very

kindly consented to make it in the month of December'2010.

As of date abhaya had spent about Rs.4,00,000/- in establishing the School and Community Center for the benefit of poor village kids with an affordable fee structure of Rs.50-120/- pm. Slowly this center is planning to offer education and training totally free of cost provided abhaya is able to bring in appropriate corpus for the establishment.

### Need: Rs. 5,000/- per month to meet the salaries of the teaching staff



# "HEART" Awareness Update

## "Abhaya Annual Meet & Thanks Giving Ceremony"

One photo graph is better than 100 sentences... hence abhaya heartily sharing the best impressions and expressions of its Annual Event held on 1st November'10 at Hotel Mercure, Hyderabad. Hope you would surely enjoy seeing these best expressions!



## "Abhaya Annual Meet & Thanks Giving Ceremony"



## "Abhaya Annual Meet & Thanks Giving Ceremony"



Most Beloved Sponsors, Well Wishers, Supporters, Beneficiaries, Trustees, Donors, Volunteers, abhaya boys and girls

Good day and Greetings. abhaya salute you for your kind hearted gesture of sparing your time for almost 5 hours time during abhaya Annual Event held on 1st November'10 at Mercure, Hyderabad. We were really inspired to see you at the event sparing your time for a cause.

We seek your pardon if any inconvenience caused to you during the event due to lapses at our end...it is purely unintentional. Our heart and soul always thought how can we share our love and care with you all...it became little impossible task for us to even shake hand with all, as there were more than 250 people participated in the programme.

We take this opportunity to thank each one of you for your value time and support to abhaya since beginning. We are proud of our association with you while delivering good work. WE HOPE YOU WOULD UNDERSTAND US if in case there are lapses at our end.

LOVE AND LIFE for the COUNTRY ABHAYA FOUNDATION

# **FEEDBACK**

### Congratulations!!

for the success of the event... Hope the awareness of Abhaya will grow further with this event! As part of building the corpus fund for abhaya, I wish to provide an amount of Rs.1,00,000/- to Foundation. I am sure this would further strengthen the position of regular resources to the foundation for ongoing projects. **- SV Hariprasad,** President, Abhaya FOUNDATION





I invited 2 of my child hood friends. They two astonished to learn about abhaya and its Mission... its passion...Good work in the community. They wondered thinking that in this materialist and selfish world such good work is still happening! And it is truly inspiring. Mr. Rajagopal Reddy happens to be coming from the village from where one of the 7 Prospective CS students came seeking abhaya support felt very motivated seeing them during the event.

Further, I was in ecstasy when receiving felicitation from my beloved masters as it was a dream since long time. Thank you very much abhaya for making me a part of this Foundation. **- CS. Thirupal G,** Company Secretary, Bangalore.



want sum up with only one sentence "Thank you very much for making us part of ABHAYA! otherwise we would not have understood the importance of giving back something to society" rest of all are inconsequential. Wishing you all the very best in your endeavors... God bless ABHAYA - **CS. PS Rao,** PS Rao & Associates, Hyderabad.

# FEEDBACK on abhaya "Thanks Giving Ceremony"

The humanity on this globe has an opportunity - to live, to serve and to gain peace. While every human being goes through different phases, there are millions out there with issues, problems and sufferings. As privileged and opportunity-rich, new millennium citizens, we can make this world a much better place to live. And that's by helping the needy. While Abhaya, spearheaded by



dedicated likeminded people motivating us through its services and awareness programmes, our intentions to serve others become easier. Abhaya is just the right platform for such humanitarian works.

The THANK GIVING ceremony on Nov 1st at Mercure was truly heart touching and really moved me. Surely you all must have felt the same. So let's keep this spirit going, let's do our bit, let's spread the word. Let's transform ourselves.- Pavan Kishan, A Proud Abhayan, Hyderabad



It was excellent, well organized event on November 1st at Hyderabad and only thing was that we could not attend the full event due to our return journey to Bangalore. Effective November'10, I wish to increase my contribution to abhaya from Rs. 500/- to Rs. 1000/- per month. - CA. Radhakrishna Sunku, E&Y, Bangalore.

More than anybody, I really felt for my absence and I know the importance of the function. As you know I was really motivated from the last year event and I always would like to support you and your activities at all times. I had an important meeting which I could not avoid and hence I could not make it on that day. PI excuse me and I know the event went on very well. Good luck. - Dr A.G.Ravindranath Reddy, Corporate Lawyers, Hyderabad.

I was there for your Review meeting on Sunday @ abhaya, Anandanagar. The beneficiaries are so lucky with your optimistic approach for a bright future. Now a days, people need the positive thinking for fulfilling their dreams/ambitions. I was really moved by their backgrounds and their achievements and vision for brighter future. Hats of to you. You are doing a wonderful job. Thanks for including my name in the newsletter mailing list. Regularly I am going through it. - VVRS Sarma



Thank you for giving us an opportunity to be a part of the Abhaya Foundation and give back to the community who has given us so much. In fact I am giving my service to Allah (in a small way) thorough the foundation and I feel privileged. The program was very good, though I had to leave early to attend to my duties at home. -CS. Rashida, Founder Partner, r&a Associates, Hyderabad

We are thankful to you for making us be a part of the Abhay Foundation. Further, I appreciate the spirit you had till the end of the programme though so many persons left in between. It has shown the leadership quality of your who leads the team. Whatever situation may be we will support you as much as we can in whatever way! - CS. Jinesh, Company Secretary, Hyderabad.

Happy to have all the great souls behind this movement, hope that Abhaya can continue its journey of good work leaving its footprint in people's heart. - Rajesh Gopalakrishnan, GM, Mercure, Hyderabad Mercure abids

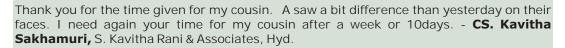


I reached safely in the night. I learned many more heart touching stories there at the event. I am very happy attending the abhaya annual meet. I am very proud of being touched in the heart by abhaya. - Shankar, MCA Student, Hyderabad

I hope that the Abhaya Annual meet has gone through well. Sorry! I could not attend the meet, as my project at Infosys is in crucial stage and all the team members are supposed to be present be there on Monday. Hence I could not make it. - Keerthi Athuluri, Infosys. Chennai

I need not confirm from anybody, since I know that the programme was a grand success... I really felt bad to leave the function midway, but had no other option. I had to attend to my shop related work. The beginning was really fantastic. I sincerely share your honest fervor of serving the mankind. Good Luck. - CS. Vikas, Partner, PS Rao & Associates, Hyderabad

The programme on 1/11/2010 was really great. I was very happy and I am thankful to abhaya for giving this opportunity to meet all of you. I am thankful to all of you for your prayers, cooperation and support in bringing Pardu to normal stage. Further we all hope that Tulasi will recover soon and all the needs of her will be fulfilled. I pray to God for her and for her mother. - Mrudula Pardha Saradhi, Lecturer, TKR College, Hyd.





On behalf of Mission Santosh and Prasad's family, I thank Abhaya and its members for the excellent program yesterday. Thank you for inviting us. It reaffirms our faith in the institution and renews our pledge to go beyond our current responsibilities. As Dr. Alok of Apollo put this - "There is no end to human misery, but there is also no end to human compassion and resolve".

Thank you for giving me an opportunity to thank everyone there. I found what I was searching for - Inner Satisfaction. Please extend our best wish, personal thanks and heartfelt gratitude to each and every single member of Mission Santosh, and to the Board of Directors of Abhaya for their outstanding generosity. May God bless you all - Srikanth Natarajan, WIPRO, Hyd.

We wish the abhaya Annual Meet & Thank Giving Ceremony" a grad success. please forgive us for not able to make it to the function, we were un deposable. - CA. Saikarunakar, Chartered Accountant.



It was fantastic to see so many likeminded people at one place and sharing their experiences and know the achievements in person. It is really great and memorable event. I specially thanks those all who parted their time and energy for the grand success of the programme **- Ramesh Chandra,** Bangalore

I had to take my mother to hospital. She has a uterus operation scheduled for next week. I missed this opportunity to meet Abhaya members. **- Sailaja Nemmaluri,** Test Engineer - Centralized Testing Services



You transmitted the vibrations of abhaya in the hearts of many including me...I would in turn transmit it to as many as I can in my circle - **Komala,** I BE, D/o CS.Adinarayana.M, NATCO Pharma.

First of all I am sorry, I could not come to abhaya annual meet as it was in the evening time and I shuold travel long distance and also we are having exams right now...I hope function was a grad success.

I have just glanced through abhaya news update. I am very happy to know that Pardhasarathi is recovering! Now that he is able to sit in wheel chair. Hope everything goes fine and everyone be happy around him. **- Nitya S,** IV BE, Hyderabad



I am very happy to be associated with "Abhaya Foundation" which is an opportunity for me to lead my life with more satisfying and meaningful life. In fact, i felt that by contributing very small financial amounts to the needy people in the society gives lot of satisfaction and the thought of doing narayana seva (physical and emotional support and contribution to the needy people will give

much more invaluable satisfaction, peach and joy). Going forward, I am also looking to participate personally in the activities of the foundation.

Still I remember the memories of Digivijay Institute's Basar trip where I first met the founder of abhaya in the year 2000. I salute him for the commitment and dedication in showering selfless love with all and I pray god to bestow him all the strength, motivation and resources to reach his destiny through service to the society. **- CS. Subramanya Sastry,** Company Secretary, Hyderabad

Thank you so much abhaya. You can alone do such miracles...realized that u don't need a team in fact... I promise again and again that I am there always with abhaya and its Good Work. I am in deed blessed to meet abhaya in life. - **B.Sushma,** abhaya Trustee & Coordinator -GET



I have attended to the "THANK GIVING CEREMONY" at MERCURE on Sunday I would like to share few feelings with you. I was really impressed and feeling lucky about my participation in such a noble program, as you said Glory was the real guest to our program. Even though our ABHAYANS kept all their efforts to make the program successfully, because of late arrival of the invitees and early leaving was disappointed us slightly.

At the end of the ceremony though 60% of the guests were left. Even though you didn't loose your tempt and not forgotten saying thanks to each and every invitee and you have appreciated every ABHYAN including children for their great hard work. That was really appreciable and saying thanks by remembering everyone including the hotel staff.

The program stands as a memorable one in my life journey. Kindly inform me if you conduct any activities further. I am very interested to participate. Once again thank you so much for given opportunity. **– Srikanth** (friend of Mahesh –IAS)







# Age is not a constraint for doing good work

Abhaya procured 100's of good books from Bharatha Bharathi Publications from Kesava Nilayam and send them to Retd. Hindi Teacher, Sri Subbarathnam (80 years) residing at Jammalamadugu on his request for the benefit of little kids in his town. Hope you remember this elderly man who is trying to do service at this age in his village after his retirement. He is very inspiring person to know. If you happened to visit Cuddapah District of AP, just try to visit this gentleman and you would be amazed to understand how simple life he is leading and how he is trying to do some good work for the community at the ripe age of 80! **- abhaya team** 



# All its started with a

### , call! abhaya - anubandha

### 16.11.2010: Phone conversation

Abhaya long time Associate Sri Subhash Chhabria, Industrialist from Bangalore referred abhaya to Ms. Anupama Reddy, a Social Worker at Bangalore. There was a call from her at around 9.30PM. abhaya received her call with lots of love and care.



She runs a day-care centre for children and engages them every day for about three and-half hours, and also gives them a meal. Just because these children are born into poverty-ridden families of construction workers, they are deprived of their childhood. When I first started classes in January 2010, they were indifferent to me. It took me time to convince them that they need to devote time for studies. The right to education is still not a reality for these kids, an enthusiastic Anupama explained. Now she wish to

further accelerate the work in all the possible places in Bangalore with increased number of day care centers.

While talking to her connected the call to couple of well wishers and board trustees (Suresh, B'lore who expressed such work to be initiated and B. Sushma, Trustee) abhaya assured Anupama all the possible help and support.

### 17.11.2010: SMS conversation



Anubandha: Good morning. did you check the details on the net?

**Abhaya:** yes! But I found only times story... I wish to know the story from your heart.

**Anubandha:** Hmm... that's the problem. I always think from my heart and don't really get in to the convincing others part. For example a corporate wanted me to meet him and his colleagues with a power point presentation about the program. I plainly told him that I am not selling a product and that he was making fun of reality.

**Abhaya:** instead you could have simply told him that you have power in your points and simply met them. They could have seen the power as I have seen it when I spoke to you over phone yesterday night. Take one idea. Make that one idea your life. Think of it, live on idea. Then you become one with it. nothing dilute your passion . hope you will do a Magic.

**Anubandha:** Magic...I would not know, but I shall strongly follow my heart anna. I am made like this...I am too very straight.

**Abhaya:** bend the body and mend the senses if we wish to accomplish our Mission. Every single fellow who respond is GOD himself. Hence win his heart as you did the same when working with the kids at construction sites at metro, Bangalore.

Anubandha: yes, I too believe in that.

Abhaya: let us progress. Work on project report and hope you may have visited abhaya

site by this time and understood presentation aspects of various projects/ missions.

Anubandha: am little free only after 7PM, shall check it 2 day.

**Abhaya:** go ahead...glory will come...power will come... all that is good will come to you and anubandha.

### 18.11.2010: SMS conversation

**Abhaya:** God Morning, you are the creator of your destiny in life. Did you get the time to see abhaya site? Did you check the mail sent to you? did you started working on project report? which you promised to share with abhaya in couple of days.

**Anubandha:** Good Morning. I cater to an NGO who takes care of dementia patients. So my day starts by 5AM and am occupied till 7 PM which includes Anubandha. Am yet to check my mails which I do once in 3 days. Sorry anna.



**Abhaya:** there are many constraints for you like this then, we are leaving here and wait for you to respond in your time and speed. Hope for the best. God day.

**Anubandha:** always felt that there is so much to do, but so less time. Wish we have 48 hours in a day and I had4 hands... ah! And had my own clone too..

**Abhaya:** we understand u as we understand our self. you are not ordinary lady! You are Karana Janma! All that we are trying to make you be aware of this. abhaya team planning to be there on Sunday to meet you based on your reply.

Anubandha: am now going to my office for a while exclusively to check my mail box.

Abhaya: thank god...that is how the good work go to the next level.

### Bottom line for all those who wish to work for the community:

let us not postpone the good work even for a minute...because we do not know when we conclude our life...it may be next minute, next hour, next day! hence we must do the good work now and today before we go to sleep.

### Way forward:

Abhaya wished to meet Anubandha on Sunday 21st November at Bangalore if Anupama responds to abhaya in 48 hours time... agenda is to understand more clearly what is her MISSION and how abhaya can be partner in that.

# The magic happened thereafter



Abhaya organised lunch meeting at Woodlands,<br/>B'lore. President invited the teams of abhaya, Auto<br/>Raju & AnubandhaAbhaya falicitated Auto Raju & Anupama Reddy on<br/>the occassion and took the opportunity to share<br/>abhaya's work with them.

Auto Raju & Anupama Reddy shared their vision and mission with all the special invitees.

Its all started with a phone call and concluded in meeting 2 great soulDears of Bharat along with 30 wellwishers of abhaya.

I will contribute in a good way to the corpus of ABHAYA handsomely at the appropriate time (as we are in the process of getting value added products soon in days to come). I feel the need to contribute to deserving foundation like abhaya. That's the least I can do for abhaya. **– Subhash Chhabria,** Industrialist, Bangalore.



# Tell me why???? Nishanth writes in the blog

Why is it so difficult to help others? Don't we have confidence to do something for others? Is it the lack of empathy in us stopping us from doing good?

All these blogs and Facebook accounts have been created to get closer to the younger minds. Yet, we do not see any kind of response from them. Are we so immersed in the race of life that we cannot see the grievances of the people living around us?

One day, I keep a status about a hero or a song.....The very next hour...I receive number of likes and comments regarding that... whereas when I keep a status regarding social service or regarding saving money to donate to the needy....I hardly receive any response even after days of waiting.

Is it so difficult to save money for someone else?

Is it necessary to know the person to help him?

Is it not our minimum social responsibility that we give back something to the society?

We do not know the urgency of the need until something happens to any of our friends or people we know....

Until something happens, we stay stubborn not to act...

Until our near ones feel the pain, we fail to understand the pain of others around

There are so many people around us who are in need of help... Why can't we be the starting point? Are we doing anything wrong? NO!!

Then why the fear to start something new when we know that we are doing an auspicious thing.

When I told someone that we are in need of Rs.2.5 laks for Mission Santosh and asked him to donate Rs.100/- He replied me saying "How is my Rs.100/- is going to help him? as he needs 2.5 laks, bhai just lite lo yaar....we can't help...."

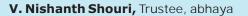
Do you know that only 8% of the solar radiation reaches the earth and we all are living only with that?

Do you know that all the water that is present on earth, less than 1% is fit to be drunk and we are living on that?

Do you know that all of us living beings are made up of millions and millions of minute particles called atoms but still we have a whole body??

Everything and Anything will help us in our pursuit of a better society. It is not the amount which you have donated, all that really matters is the thought that you got... to help others!!

In doing service to the society, we are transforming not only the lives of the people but also the lives of ourselves. HELPING HANDS ARE BETTER THAN PRAYING LIPS





Follow us at abhayaheart.blogspot.com

# "HEART" Transformation Update

Thank you abhaya, Never thought I will be able translate my dream thoughts into words or give a start and this is the main reason I could not say no when you asked me to write about my dream project! I know you will not leave anything once it comes to your notice. What else do I need than my dream coming true. Let us work for it. It may happen... may be by me or any other, whatever, but there is no loss or cost involved in putting this down in words. Hence I wrote. I thought at least the dream will live and may be it will inspire

There is nothing that I can say, 'I did this to the society', but have a passion to do. I am just waiting for the day to stand on my own and for a better financial position at home. But I know it is never wrong to do a right thing. Also know that if we postpone something, it will get postponed like that. We never know what the next second for us is. But I accept am still doing the same mistakes.



It is because of one person who changed my life, who inspired me, who gave me strength, values and everything, I am what I am today. It is he who asked me what my dream is and who made me to write this. I never thought I will put my dream into words. Because it is what 8 out of 10 people who somewhere in the heart have an idea to serve the society dream about. Something very common and childish (I feel). Here it is ...

### A HOUSE IS BUILT OF WALLS AND BEAMS A HOME IS BUILT WITH LOVE AND DREAMS

**Initial Dream:** A very large area which is neatly surfaced. HAPPY HOME Many small houses of 1 or 2 rooms each built in similar fashion. Bringing the people whom we see on the foot path or by the road or in traffic. Transforming them in all aspects like health, looks, habits, thoughts and works. Giving them some training of simple works which can provide them self employment, which can give them strength and abilities to

stand on themselves. For example, Candle making, paper crafts, Papad or pickle making. If anyone educated, can provide them basic training and works related to computer or paper works.

### Due to learning in life and experiences the following are my doubts and modifications I propose to the project.

- \* Seen that people by the side of roads ruined their own life due to bad habits and laziness. So is it possible to transform them? Is it right to bring such people?
- Large area costs so much, need much power. So can be changed to a small place where at least single rooms can be built in number of 10 or 20.
- Should have a small community hall, kitchen and dining area, a garden, a small room for office and maintenance.
- \* Can bring small children and give the existing name "orphanage" if it is not

someone to make it true...God will give the way in some or the other form for every good thought.

I have Mahesh (IAS) Bhargav, Nikhil, Nishanth, Siva, Srikanth, Ramprasad, Sindhu with me in action. Thanks once again. I am very happy now translating my thoughts in words...and sure of translating them in to action soon with abhaya at my end. - B. Sushma

practical to bring road side people.

- Or alternately can bring old people and give the title "old age home ".
- ♦ It is required to employ at least one cook, care taker, watch man for them. This may be a huge task because we need to pay them again.
- ✤ Should take care of minimum facilities like electricity, water and food till they enter the right path and earn on own.
- ✤ I don't have any idea of how much it costs for the place, the permissions or authorizations to be taken from government?
- Construction and material costs? The location for such project?
- Number of persons required for carrying out such task?
- ✤ Financial inputs required?
- Total time required making the dream come true?
- ✤ Is this all practically possible?



This is what all in my mind now...this is what the extent my thoughts can go now...this is what my DREAM is.Ultimately, what I wish is to see a road with no beggar, a temple where beggars don't make a line outside, bus stops without small children begging for money and food, foot paths rich with green plants but not with clothe less people, good schools and institutions with high quality of education reachable by all, no high caste or no low caste but realization that we all belong to similar group of living beings called humans, no unemployment, leaders who can make all this possible, youth which can put their energies in the right way, common people who can stop criticizing such activities and lend their hand instead, so on...

I promise to do or at least try to do what all I can do to fulfill my wish. I am sorry if I wrote something wrong or hurt anyone directly or indirectly. This is what all just came from my heart without any intentions, just my feelings. Forgive, thinking me as a child.



-B. Sushma, abhaya Trustee & Coordinator -GET

### Dear Sushma,

"If you can dream it...You can do it". I am touched to read your thoughts n dreams. I am more than sure, you will bring your dreams to reality. We will always be there to support you in every way and any way we can. Even if one person is transformed by Abhaya, It is great achievement for all abhayans. We wish you good luck with all your ventures.



#### - Hari Prasad, an Abhayan.

#### WHAT HAPPENED IN 24 Hrs of she putting the thoughts in to words:



**SMS:** Auto Raju: 09900120100, I spoke to him and he will call you. If he does not, kindly call him and I have my self seen his place and work...can absolutely vouch for him. he will deliver the blankets to the poorest of poor! Thanks for your +ve energy ...mine was dying because of so many issues at my end. I am going through in this phase of my life...your good words are tonic for my soul – **Subhash Chaabria,** Industrialist, Bangalore.

A call received from Auto Raju, Bangaluru who is working on such project at Karnataka since last 10years.(to know more visit:http://www.youtube.com/watch?v=3Nv3xwgzssQ)



#### Er. Sushma got connected to Auto Raju:

It is all God's grace and his blessings upon me that today i happened to listen your words. I just sat to mail you and at the same time typed "auto raja, b'lore" in Google and got surprised and shocked to know that I spoke to such a great personality of our country today. My hands and legs became cold and am still shivering while I am writing this, tears rolled down from my eyes and there were vibrations in my body when I was speaking to you.

As I experience in abhaya, these are all like miracles happening. When abhaya asked me about my dream put all my thoughts in to words and mailed it to abhaya today morning around 4 AM. With abhaya at my side, I realized that "We should not wait for anything to do a good work, Let me start it.. Nothing is impossible...God is there to show the way". Abhaya is the inspiration of my life and such is the motivation and encouragement it has given for the good thoughts of us.

I did not expect to have such a great conversation with a legend like u within 24 hours of time I kept my dream into words. Ur speech is resemblance of my dream. I got answer for each and every question which I wrote. I felt like coming and visiting "Home of hope". This is all destiny, Wonders of God.

Thank you so much sir. I gained lot of confidence and strength after speaking to u. You proved nothing is impossible. **- B.Sushma,** Trustee, Abhaya Foundation

# He visited kids care centers... but his learning is different

I am very happy to inform that our visit to various Kids Care Centers in the city added lot of value for me in life. When we visited Sai Seva Sangh and Sri Sathya Sai Krupa, we all felt very great to know who Individuals are able to create Institutions of this stature by their passion to do good work to the community.

We all know that we must love fellow men... but I always wondered how is this possible, during our visit to these great places I understand that it is possible as the fonunders of these centers with their love for god and good work, how they are able to provide Shelter, Food and Education to orphans as if they are their children.

I noticed that the kids were all god loving in nature, till now I never participated in prayer with small kids, It was an unique experience and a beautiful band synchronizing heart with prayer... it was so wonderful.

When I was checking abhaya's mail about the visit to the kids care centers previous day I noted that I have been given the responsibility of taking care of Career Counseling for the kids... it was then I started tuning my mind and spent long time as to understand how to tell the concept for the kids... in the process I realized that I have done nothing to my own future career? Then this made me to realize I have done nothing for my Mission in life, Now, I started working on that Mission & OBJECTIVE in life! Thanks to abhaya for such a wonderful chance to see in to myself while doing service.

When I visited their dormitories I noticed how clean they are. I was amazed to understand that the maintenance of floors and rooms and regular duties are being done by the kids, it was a fantastic lesson, I felt ashamed thinking that "O God being graduates we are not maintaining our rooms properly" believe me going back to room I put my lesson in to practice by cleaning the room myself next day, the room mates were making fun of me! Saying that "what a change you got" but nevertheless I am happy for the lessons I learned from visiting these kids care centers.

My rating is 5/10 because we could not to justice for career counseling Session as most of the streams we were really not aware, but out Career Path sheet distributed there will guide them to know how many streams and how to move in their career path in future from today onwards.



- CH. Ramprasad, Sr. Engineer, HIL.

### **Profiles of abhaya Trustees**



**Er. B. Sushma:** Born in the year 1988 at Suryapet, Nalgonda District of Andhrapradesh, India to Sri Bhonagiri Shankar and Smt. Bhonagiri Aparna. Did primary schooling at Anjali Public school, suryapet and secondary schooling at Little Flower High School and Sri Krishnaveni Talent school, Hyderabad.

Completed intermediate at Narayana Junior College and graduated from Mahaveer Institute of science and technology, JNTU, Hyderabad.

Since the year 2007 she got connected to abhaya as one of Educare Team members of foundation for completing her Engineering studies she was exemplary in participating in almost all activities of the foundation. She had a flavour to add value in all her tasks wherever it is possible. She is the first Engineering graduate successfully came out with flying colours and placed with Infosys.

She being understood the value that has been taken from abhaya decided to work hand in hand with the trustees since her association with abhaya in the year 2007. She was very actively associated with abhaya in getting the web site hosted. Her passion to connect to the likeminded people made her to be in the centre wherever she goes. She connected to all her friends and pals for partnering with abhaya there by conceptualized GET (Graduate Engineers Team). She is the classic example of seed growing like Tree. She is now placed at the Board level to show the world that such people make a difference to the world around. She has taken pains to spread the message of abhaya amongst the masses through visiting the colleges, interacting with students and youngsters. She administers the website, blog, face book, mail communications of abhaya initiatives.



**Er. A. Kartik Kumar:** Always willing to be part of Community work and he wish to have his association be value adding to abhaya. He had the fortune of conceptualizing the abhaya web site in the year 2006 and today he feels proud that the site is being developed with lots

of stuff attracting various likeminded people across the globe to be part of the good work happening through abhaya. He strongly believes in sparing own resources to the community work and there by alone he feels that one can have satisfaction in life. Accordingly started doing his bit to the society taking abhaya as plat form to translate his thoughts in to action since its inception.

Born in the year 1985 at Tadpathri, Anantapur District of Andhrapradesh, India to Smt. Revathi & Sri A. Mohan Gupta. He did primary education at Sri Aurobindo Centenary School at Tadpathri and secondary schooling at Sri Chaitanya, Hyderabad. Further completed B. Tech from IIIT, Kolkata and he was very hearty involved in various service and spiritual activities since childhood. With about 5 years of IT work experience in India and currently associated with MICROSOFT, Bangalore as Technical Lead. You may please arrange to send contributions in favour of abhaya Foundation and send them to **ABHAYA, 6-3-609/140/1, Anandnagar, Khairathabad, Hyderabad – 500004** alternatively you can transfer the amount by RTGF mode whose details are below.

### Abhaya opened its SB Account with AXIS Bank

Beneficiary: ABHAYA FOUNDATION Account No: SB- 910010042902046 MICR Code: 500211002 RTGS/IFS Code: UTIB0000008 Bank: AXIS Bank Ltd Branch: Hyderabad

### If Nishanth can do it on his very first day at Office... it is easy for u also!

During the induction programme itself, on the second day of my joining at an MNC, I got a chance to talk about Abhaya. But after that, I thought of talking about it many times. I thought of just sending e-mail to all of them. I

thought of sending messages. But I analyzed that it would not have an impact as great as when we show them the real thing. So on 29th October, when we got our first salary, I talked about abhaya and its work after office hours. I showed them Mission Santosh pdf. I showed them the website. I showed them the blog. Some of them even talked about it afterwards.

5 members have donated money till now and I am sure that other 20 people will give much more. Few guys even asked if they can come to the office of Abhaya foundation. I told them that it will be better to meet us when we are in action. So I invited them to come on Sunday to the Vivekananda Vikasa Kendra for blanket distribution! **– Er. Nishanth Shouri** 



### LOVE & LIFE for the Country



### He pooled Rs. 15,000/- in last 30days!!

All the Donations will be exempted under 80G abhayafoundation@yahoo.com | abhaya@abhayafoundation.org | www.abhayafoundation.org